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Ana Teresa Afonso

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Contacts

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Curriculum

Ana Teresa Afonso holds a Master's degree in Public Health (Global Health) from the London School of Hygiene and Tropical Medicine (LSHTM) (2021) and a Bachelor's degree in Nursing from ESEL - Polo CG in Lisbon (2008). During her undergraduate studies, she took part in the Erasmus programme at Malmö Högskola in Sweden.
She is an Invited Auxiliar professor at the Department of Sociology, School of Sociology and Public Policy at ISCTE-IUL and teaches the curricular unit of Public Health in Humanitarian Action for the the Master of Humanitarian Action and ErasmusMundus at ISCTE-IUL.
She has a vast curriculum and field experience in several humanitarian contexts (conflict and disaster settings) from clinical/technical roles to management and leadership for medium and large-scale emergency responses, with strong links to international organizations and humanitarian community:

Médecins Sans Frontières (MSF)
IOM
UK-MED (World Health Organization EMT Initiative) - currently acts as Senior Health Consultant/Advisor in Humanitarian Health for the design/strategy and lead of integrated public health programs and health responses for health emergencies. Teresa led recent responses including cholera outbreaks in Malawi (also Cyclone aftermath) and Zambia and the Marburg virus outbreak in Rwanda, among others.

Teresa has developed operational and field experience, project management and negotiation skills with local governments, donor agencies, UN partners and reporting processes in the Middle East - Saudi Arabia, Africa (South Sudan, Guinea Bissau, Malawi), Bangladesh, Laos, Venezuela, Ukraine.
She participates in training and capacity-building projects for professionals in the humanitarian field and collaborates with international academic partners and institutions such as the University of Glasgow – "Migrant and Refugee Health in Humanitarian Emergencies"; the Royal College of Surgeons of Edinburgh (RCSEd); the London School of Hygiene and

Tropical Medicine (LSHTM), where she worked with the Humanitarian Health Crisis Center (HHCC); and the UK-HSA (Health Security Agency).
Teresa is an experienced facilitator/trainer in Public Health, supporting trainings for:

UK Public Health Rapid Support Team (UK-PHRST)- Deployment course;
READY Initiative (USAID) (f2f and online training programme aiming at strengthening local NGOs capacity to respond to infectious disease outbreaks)
International Organization for Migration (IOM) - Afghanistan;
Johanniter International -South Sudan or SAMS- Turkey.
iNGO UK-Med: She developed an organizational-level training package to enhance Outbreak preparedness and response competencies with workshops/webinars and large-scale simulation exercises (SIMEX), in a collaborative and multidisciplinary approach.

Her current research interests focus on access to and barriers to healthcare for migrant populations; assessment and improvement of public health systems and services in fragile contexts; communication and public health policies; health information systems; multisectoral coordination of emergency responses; and the training and professionalization of workers in the humanitarian sector.

Research Interests

Migrant and Refugee Populations
Public Health Policy and Health Services
Health Systems Strengthening and Communication in Health
Social determinants of Health in Humanitarian Action
Knowledge and Information Systems in Health
Multisectoral Approaches to Humanitarian Emergencies
Migrant Health
Humanitarian Professionals Professionalization

Academic Qualifications

University/Institution	Type	Degree	Period
World Health Organization	Technical Specialization Course	Outbreak Response Leadership Capacity Strengthening - GOARN Tier 3	2023
London School of Hygiene and Tropical Medicine	M.Sc.	(International) Public Health	2021
Kings College London	Free Course	Child Protection (Advanced Studies)	2016
London School of Hygiene and Tropical Medicine	Post-graduation	Tropical Nursing PgDip	2015
Universidade Atlantica - Escola Superior de Saude Atlantica	Post-graduation	Paediatric and Neonatal Emergency	2010

Escola Superior de Enfermagem de Lisboa - Polo Calouste Gulbenkian	Bachelor of Science	Nursing	2008

External Professional Activities

Period	Employer	Country	Description
--	UK-Med	Afghanistan	Advisor for Humanitarian Health Programming and Lead for emergency responses in Humanitarian Contexts. Design strategy and project implementation plans for health sector activities focused in Epidemics, Primary Healthcare, conflict affected populations and strengthening of health systems/services via capacity building activities.

Teaching Activities

Teaching Year	Sem.	Course Name	Degree(s)	Coord.
2026/2027	2º	Public Health in Humanitarian Action	Master Degree in Humanitarian Action;	No
2026/2027	1º	Public Health in Humanitarian Action	Master Degree in Coordinated Human Response, Health and Displacement;	No
2025/2026	2º	Public Health in Humanitarian Action	Master Degree in Humanitarian Action;	No
2025/2026	1º	Public Health in Humanitarian Action	Master Degree in Coordinated Human Response, Health and Displacement;	No
2024/2025	2º	Public Health in Humanitarian Action	Master Degree in Humanitarian Action;	No
2023/2024	2º	Public Health in Humanitarian Action	Master Degree in Humanitarian Action;	No
2022/2023	2º	Public Health in Humanitarian Action	Master Degree in Humanitarian Action;	No

Supervisions

- **M.Sc. Dissertations**

- Ongoing

	Student Name	Title/Topic	Language	Status	Institution

1	Prisca Alphonsus Chiefuna	Between Protection and Care: UNHCR and MSF as Mediating Actors in Healthcare Access for Migrants, Refugees and Asylum Seekers in Italy	English	Developing	Iscte
2	Anisha Michela Pereira Martins	Childhood acute malnutrition in Mozambique: a humanitarian challenge.	Portuguese	Developing	Iscte
3	Rita Alexandra Lopes Canas Coluna	Between Survival and Ethics: The Role of Médecins Sans Frontières in Conflict Zones	--	Developing	Iscte
4	Beatriz Vilela Saldanha Relvas	A dimensional analysis of university students' perception of refugees.	Portuguese	Developing	Iscte
5	Leonor Pinela de Sousa Figueiredo	Applicability of international guidelines on diabetes in a humanitarian context	--	Developing	Iscte

Research Projects

Project Title	Role in Project	Partners	Period
Erasmus Mundus Joint Master on Coordinated Humanitarian Response, Health and Displacement (HumanResponse)	Work Package Leader	IRU-Iscte - Leader, CIES-Iscte, NTNU - (Norway), MAKERERE - (Uganda), NKUA - (Greece), Uni-CV - (Cape Verde), US - (Cape Verde), Universidade de Rovuma - (Mozambique)	2024 - 2030
Humanitarian Action: Climate Change and Displacements	Researcher	IRU-Iscte - Leader, CIES-Iscte, BRU-Iscte, Universidade Pedagógica de Maputo - (Mozambique), Pungué University - (Mozambique), Universidade de Rovuma - (Mozambique), UNI-CV - (Cape Verde), Universidade de Santiago - (Cape Verde), National and Kapodistrian University of Athens - (Greece)	2023 - 2024