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## Sandra Roberto

### Associate Researcher

CIS-Iscte - Centre for Psychological Research and Social Intervention



### Contacts

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### Research Interests

Migrations

Cultural diversity

Refugees and Unaccompanied minors

Psychological intervention with migrants

Qualitative methods

### Academic Qualifications

University/Institution	Type	Degree	Period
ISCTE-Instituto Universitário de Lisboa	Technical Specialization Course	Refugiados, Direitos humanos e Acolhimento	2017
ISCTE - Instituto Universitário de Lisboa	PhD	Psicologia Clínica e da Saúde	2016
ISPA - Instituto Universitário	Integrated M.Sc.	Psicologia clínica	2012

Universidade dos Açores	M.Sc.	Ciências Sociais	2007
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## Teaching Activities

Teaching Year	Sem.	Course Name	Degree(s)	Coord
2025/2026	1º	Approaches to Psychopathology	Bachelor Degree in Social Work (PL); Bachelor Degree in Social Work;	No
2024/2025	2º	Individual and Cultural Diversity Competencies Development	Institutional Degree in Escola de Ciências Sociais e Humanas;	No
2023/2024	2º	Individual and Cultural Diversity Competencies Development	Institutional Degree in Escola de Ciências Sociais e Humanas;	No
2023/2024	1º	Approaches to Psychopathology	Bachelor Degree in Social Work (PL);	No
2022/2023	2º	Health and Clinical Psychology		No
2022/2023	1º	Approaches to Psychopathology	Bachelor Degree in Social Work (PL);	No
2021/2022	2º	Health and Clinical Psychology		No
2021/2022	1º	Approaches to Psychopathology	Bachelor Degree in Social Work (PL);	No
2019/2020	2º	Individual and Cultural Diversity Competencies Development		No
2019/2020	2º	Health and Clinical Psychology		No
2019/2020	1º	Approaches to Psychopathology		No
2019/2020	1º	Psychopathology	Bachelor Degree in Psychology;	No

## Supervisions

### • M.Sc. Dissertations - Concluded

	Student Name	Title/Topic	Language	Institution	Concluding Year
1	Maria Rodrigues Baptista Frade	Play and the acculturation and adaptation processes of migrant children, in the educational context	Portuguese	Iscte	2022
2	Julia Guimarães Neves	Becoming a mother in Portugal: Cape Verdean women's narratives about unplanned pregnancies	Portuguese	Iscte	2021

3	Laíla Albuquerque Lemos	Resilience and Gender Processes: Self-biographical narratives of women in the context of forced migration in Portugal	Portuguese	Iscte	2018
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## Total Citations

<b>Web of Science®</b>	48
<b>Scopus</b>	34

## Publications

### • Scientific Journals

#### - Scientific journal paper

1	Alarcão, V., Roberto, S., França, T. & Moleiro, C. (2022). Standing up for culturally competent care in Portugal: The experience of a "Health in Equality" online training program on individual and cultural diversity. <i>Societies</i> . 12 (3) - Times Cited Web of Science®: 5 - Times Cited Scopus: 4 - Times Cited Google Scholar: 8
2	Moleiro, C. & Roberto, S. (2021). The path to adulthood: A mixed-methods approach to the exploration of the experiences of unaccompanied minors in Portugal. <i>Journal of Refugee Studies</i> . 34 (3), 3264-3287 - Times Cited Web of Science®: 7 - Times Cited Scopus: 4
3	Roberto, S., Moleiro, C. & Lemos, L. (2021). Stakeholders perspectives on unaccompanied minors. <i>Journal of Constructivist Psychology</i> . 34 (1), 23-35 - Times Cited Web of Science®: 1
4	Estoura, D. & Roberto, S. (2019). The RAISE model: psychosocial intervention in residential care for refugee unaccompanied minors. <i>Residential Treatment for Children and Youth</i> . 36 (2), 102-117 - Times Cited Scopus: 3
5	Moleiro, C., Freire, J., Pinto, N. & Roberto, S. (2018). Integrating diversity into therapy processes: the role of individual and cultural diversity competences in promoting equality of care. <i>Counselling and Psychotherapy Research</i> . 18 (2), 190-198 - Times Cited Web of Science®: 15 - Times Cited Scopus: 11 - Times Cited Google Scholar: 40
6	Roberto, S. & Moleiro, C. (2016). Looking (also) at the other side of the story: resilience processes in migrants. <i>Journal of International Migration and Integration</i> . 17 (3), 929-946 - Times Cited Web of Science®: 12 - Times Cited Scopus: 9

7	Roberto, S., Moleiro, C., Ramos, N. & Freire, J. (2016). 'The place i long to be': Resilience processes in migrants. <i>Psicologia</i> . 30 (2), 47-60 - Times Cited Web of Science®: 2 - Times Cited Scopus: 2 - Times Cited Google Scholar: 3
8	Roberto, S. & Moleiro, C. (2015). Resilience processes in migrants: biographical narratives of Brazilians in Portugal. <i>Psicologia em Estudo</i> . 20 (2), 295-307 - Times Cited Web of Science®: 6 - Times Cited Scopus: 1
9	Moleiro, C., Freire, J., Pinto, N. & Roberto, S. (2014). Cultural and individual diversity in mental health services: defining and assessing clinical competences. <i>Transcultural</i> . 6 (1), 101-111 - Times Cited Google Scholar: 4

## • Books and Book Chapters

### - Book author

1	Moleiro, C., Roberto, S., Freire, J., Ramos, N., Patrícia M. Pascoal, Mourão, S....Alarcão, V. (2025). <i>Saúde em Equidade: Manual de casos clínicos para profissionais de saúde em contextos de diversidade cultural</i> . Lisboa.
2	Roberto, S. & Moleiro, C. (2021). <i>De menor a maior: acolhimento e autonomia de vida em menores não acompanhados</i> . Lisboa. Alto Comissariado para as Migrações.

### - Book chapter

1	Roberto, S. & Moleiro, C. (2018). Culture in resilience processes: looking at the meaning of narratives of those who migrate. In Alexander Thomas (Ed.), <i>Culture and ethnic diversity: the challenges for European psychologists and how to meet them</i> . (pp. 179-184). Boston: Hogrefe Publishing.
2	Roberto, S. (2018). Looking at the meanings of those who migrate. In <i>Culture and Ethnic Diversity: The Challenges for European Psychologists and How to Meet Them</i> .
3	Freire, J., Moleiro, C., Pinto, N., Roberto, S., Gonçalves, M., Farcas, D....Pereira, C. (2010). Avaliação de Competências para a Diversidade Individual e Cultural: Desenvolvimento de uma medida comportamental para profissionais de saúde mental. In F. Cruz & J. Ribeiro (Ed.), <i>Migrações e Interculturalidade</i> . (pp. 241-263). Porto: AGIR Associação para a Investigação e Desenvolvimento Sócio-cultural/SOS Racismo. - Times Cited Google Scholar: 5

## • Other Publications

### - Non-peer-reviewed papers

1	Moleiro, C., Freire, J., Farcas, D., Pinto, N., Roberto, S., Pereira, C....Gonçalves, M. (2010). Avaliação de Competências para a Diversidade Individual e Cultural: Desenvolvimento de uma medida comportamental para profissionais de saúde mental. <i>Actas do II Congresso Internacional sobre Migrações</i> .
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### - Report

1	Roberto, S. & Moleiro, C. (2020). <i>De Menor a Maior: Acolhimento e autonomia de vida em menores desacompanhados</i> .
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• **Conferences/Workshops and Talks**

- **Talk**

1	Moleiro, C. & Roberto, S. (2025). Saúde em Equidade - em contextos de diversidade cultural. III Encontro Multiculturalidade e Prevenção da Violência .
2	Roberto, S. & Moleiro, C. (2014). "The place I long to be": resilience processes within autobiographical narratives of Brazilian migrants in Portugal. 22nd International Congress of Cross-Cultural Psychology.
3	Roberto, S & Moleiro, C. (2013). What Protect Migrants Against Psychological Distress? An Analysis about Resilience on Autobiographical Narratives. 13th European Congress of Psychology.
4	Roberto, S. & Moleiro, C. (2012). Resilience among Migrants: collectivism and religiosity as resources of psychological well-being. 3rd World Congress of Cultural Psychiatry ?Mental capital, mental disorders, resilience and wellbeing through the life-course?.,.
5	Roberto, S. & Moleiro, C. (2012). Resilience im migrants: autobiographical narratives. 2nd Conference of Applied Interculturality Research.
6	Roberto, S. & Moleiro, C. (2011). Psychological well-being in Brazilian and Cape Verdean immigrants in Portugal: Social support and Religiosity as moderators of the impact of acculturation stress. Community Development International Conference.
7	Moleiro, C., Freire, J., Pinto, N., Roberto, S., Farcas, D. & Gonçalves, M. (2011). Individual and cultural diversity competencies for Mental Health Professionals. 12th European Congress of Psychology.
8	Roberto, S. & Moleiro, C. (2011). Psychological well-being in Brazilian and Cape Verdean immigrants in Portugal: the impact of social support as a moderator of acculturation stress. 12th European Congress of Psychology.
9	Freire, J., Pinto, N., Farcas, D., Roberto, S., Gonçalves, M. & Moleiro, C. (2010). Development of a behavioral analogue measure of individual and cultural competencies for clinicians. 3rd Conference on Migrant and Ethnic Minority Health in Europe.
10	Freire, J., Moleiro, C., Pinto, N. & Roberto, S. (2010). Saúde psicológica na diversidade: O encontro das necessidades dos clientes e das competências para a diversidade individual e cultural dos clínicos. 3rd Congresso Nacional de Educação para a Saúde: "Educação para a Saúde, Cidadania e Desenvolvimento Sustentado".
11	Freire, J., Roberto, S., Moleiro, C., Farcas, D., Pinto, N., Pereira, C....Gonçalves, M. (2010). Processos de resiliência nas populações imigrantes africanas e brasileiras em Portugal. 2ndCongresso Internacional sobre Migrações.
12	Freire, J., Moleiro, C., Farcas, D., Pinto, N., Roberto, S. & Gonçalves, M. (2010). Avaliação de Competências para a Diversidade Individual e Cultural: Desenvolvimento de uma medida comportamental para profissionais de saúde mental. 2ndCongresso Internacional sobre Migrações.
13	Moleiro, C., Pinto, N., Roberto, S., Pereira, C., Farcas, D. & Freire, J. (2010). Multicultural competencies identified by immigrants: Contributions of client-centered research. 3rd Conference on Migrant and Ethnic Minority Health in Europe.

14	Moleiro, C., Pinto, N., Roberto, S., Farcas, D. & Freire, J. (2010). Improving provision of effective treatment for LGB persons: Client perceptions of diversity competency for psychotherapists. 10th Congress of the European Federation of Sexology.
15	Moleiro, C., Pereira, C., Pinto, N., Farcas, D., Roberto, S. & Gonçalves, M. (2009). Saúde Mental, Diversidade e Multiculturalismo. Diálogo Intercultural-Barreiras e Oportunidades: Encontro de perspectivas das Ciência, da Acção Política e da Intervenção Social.

<b>Research Projects</b>			
<b>Project Title</b>	<b>Role in Project</b>	<b>Partners</b>	<b>Period</b>
Saúde em Igualdade	Global Coordinator	CIS-Iscte (H4A), CIES-Iscte, CPR - (Portugal)	2019 - 2021
FAMI Destino: Integração	Researcher	CIS-Iscte (H4A), CPR - Leader (Portugal)	2019 - 2021
From minors to adulthood: integration and autonomy of unaccompanied minors	Researcher	CIS-Iscte (H4A)	2017 - 2019