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Catarina Santos

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Contactos

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Currículo

Catarina Santos obtained a degree in Health Psychology (2004) and a Postgraduate Diploma in Psychotherapy (2007). This academic background marked the beginning of a professional career encompassing clinical practice, teaching, and training. Her experience in psychological counseling and psychotherapy includes private practice with adolescents and adults. Her activities as training coordinator and trainer included the development of pedagogical content, team management, and competency assessment. Her teaching roles include lecturing in General Psychology (Universidade Independente; 2005/2006) and guest lecturing in undergraduate and graduate courses (ISCTE; 2023/2024). Between 2019 and 2022, she worked at the School of Social Sciences and Humanities at ISCTE, supporting the school Departments and ensuring the smooth operation of the school academic ativities. In 2022, she joined the Central Administration of the Health System (ACSS), taking on responsibilities in planning and implementing capacity-building initiatives for the National Health Service (SNS). She also contributes to international projects such as the EU Interoperability with HERA's IT platform (EU-HIP), and the Joint Action CIRCE-JA, part of EU4Health, as well as initiatives by the World Health Organization on population-based care integration and management through Local Health Units. She represents the ACSS as a focal point in the National Plan to Combat Racism and Discrimination, liaising with the High Commission for Migration (ACM). She is also engaged in the Ambassadors Network for the Promotion of Human Rights in Public Administration (INA), where she coordinates a quarterly newsletter. Additionally, she is a member of the Monitoring Committee for PESSOAS 2030. At the ACSS, she designed and implemented a multidisciplinary academic Internship Program. In this context, she coordinates the onboarding process, assigns placements, and supervises interns. Her commitment to ongoing learning led her to complete a Master's in Social and Organizational Psychology (2023). In her dissertation she explored the sociocognitive mechanisms of misinformation acceptance and correction in health contexts. This research avenue aligns with her professional and personal interests in health misinformation and pseudoscience, which motivated her to pursue a PhD in Psychology (2023; ISCTE). She has completed all the coursework and several specialized workshops, gaining advanced theoretical and methodological knowledge and simultaneously obtained a Postgraduate Diploma in Systematic Literature Review and Meta-Analysis (2024; FP-UL) to enhance the conceptualization, design, and implementation of her doctoral project.

Qualificações Académicas

Universidade/Instituição	Tipo	Curso	Período
ISCTE-Instituto Universitário de Lisboa	Doutoramento	PhD in Psychology	2027
ISCTE-Instituto Universitário de Lisboa	Outro tipo de qualificação	Advanced Postgraduate Diploma in Psychology	2024
Universidade de Lisboa Faculdade de Psicologia	Pós-graduação	Systematic Review and Meta-analysis	2024
ISCTE-Instituto Universitário de Lisboa	Mestrado	Social and Organizational Psychology	2023
Universidade Independente	Pós-graduação	Psychotherapy	2007
Universidade Independente	Licenciatura	Psicologia da Saúde	2004

Publicações

• Conferências/Workshops e Comunicações

- Comunicação em evento científico

1	Santos, C., Saraiva, M. & Garrido, M. V. (2024). Misinformation Acceptance among Professionals and Users of Health Services. XIX PhD Meeting in Psychology.

• Outras Publicações

- Dissertação de Mestrado

1	Santos, C (2023). Correcting Misinformation in Health Contexts.

Cargos de Gestão Académica

Membro (Docente) (2025 - 2027)
Unidade/Área: Plenário do Conselho Pedagógico

Secretário(a) (2019 - 2022)
Unidade/Área: Escola de Ciências Sociais e Humanas

Associações Profissionais

Ordem dos Psicólogos Portugueses (Desde 2011)

Organização/Coordenação de Eventos

Tipo de Organização/Coordenação	Título do Evento	Entidade Organizadora	Ano
Membro de comissão organizadora de evento científico	Member of the Organizing Committee of the XIX PhD Meeting in Psychology “Imagining the (im)possible: the role of psychology in linking past, present and future challenges”.		2024
Membro de comissão organizadora de evento científico	Coordination of four newsletters on Human Rights, integrated into the project 'Ambassadors for Human Rights in Public Administration.', developed by INA. The publications feature contributions from numerous colleagues.		2024 - 2025