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Curriculum

I took my highschool degree in Sindelfingen (Germany), then travelled to Norway, the US, India and Nepal before beginning my studies at the Free University of Berlin. I graduated from there in 1998 with a Diploma in Psychology and started my PhD studies at the University of Würzburg. Roland Neumann, Fritz Strack, Jens Förster, Michael Häfner, Roland Deutsch and Ravit Nussinson were my main collaboration partners during that period.

I then continued in Würzburg as an Assistant Professor and received funding from the German Science foundation for projects on need states and on facial mimicry. From 2006-2008, I spent a postdoc at Utrecht university and worked with Henk Aarts on goals, predictability and the need for control.

From 2008-2012, I worked at CIS, Iscte-IUL as a researcher with a Ciencia contract. There, I mainly worked on Relational models Theory by Alan Fiske (together with Sven Waldzus, Rodrigo Brito and others) and supervised Cláudia Simão's PhD project on gratitude and relational models. I also participated in a European project on Food-risk communication across Europe (FoodRisk), collaborating at ISCTE with Luisa Lima and supervising Rui Gaspar as a postdoc in the project.

In 2012, I started as Associate Professor at University of Oslo and as Visiting Professor at ISCTE-IUL where I continued teaching in the Master and PhD program, supervising Master students and collaborating on various projects. I currently mainly work on the social emotion "kama muta" (see www.kamamutalab.org), together with Alan Page Fiske, Thomas Wolfgang Schubert, Janis Heinrich Zickfeld, Johanna Katharina Blomster, Patricia Arriaga, Hanne Weie Oddli, Jota Pizarro Carrasco, Jonna Katariina Vuoskoski, Evi Petersen, Ravit Nussinson, Cláudia Simão and several international collaborators and students. I also work on intervention projects to increase sustainable behavior, together with Aslak Fyhri and Ingeborg Storesund Hesjevoll at the Transport-Economic Institute in Oslo.

Research Interests

Social Psychology; Emotions; Sustainability; Kama muta

Academic Qualifications

University/Institution	Type	Degree	Period
University of Würzburg	PhD	Psychology	2003
Free University Berlin	Advanced Studies	Psychology	1998

Supervisions

• Ph.D. Thesis

- Concluded

	Student Name	Title/Topic	Language	Institution	Concluding Year
1	Cláudia Patrícia Candeias Simão	Communal Sharing and Gratitude: How They Interrelate	English	Iscte	2013

• M.Sc. Dissertations

- Concluded

	Student Name	Title/Topic	Language	Institution	Concluding Year
1	Emilio Antonio Toussaint Ortiz	Do you want me to continue? Sexual Education and Consent in Young Masculinities in Mexico	English	Iscte	2021
2	Rita Teresa Ramos Miguel	Being Moved: How do attachment styles and emotion regulation affect the experience of being moved?	Portuguese	Iscte	2016

Total Citations

Web of Science®	3941
Scopus	3732

Publications

• Scientific Journals

- Scientific journal paper

1	Zickfeld, J. H., Arriaga, P., Santos, S. V., Schubert, T. W. & Seibt, B. (2020). Tears of joy, aesthetic chills and heartwarming feelings: physiological correlates of Kama Muta. <i>Psychophysiology</i> . 57 (12) - Times Cited Web of Science®: 43 - Times Cited Scopus: 46 - Times Cited Google Scholar: 69
2	Zickfeld, J. H., Schubert, T. W., Seibt, B. & Fiske, A. P. (2019). Moving through the literature: what is the emotion often denoted being moved? <i>Emotion Review</i> . 11 (2), 123-139 - Times Cited Web of Science®: 83 - Times Cited Scopus: 83
3	Steinnes, K. K., Blomster, J. K., Seibt, B., Zickfeld, J. H. & Fiske, A. P. (2019). Too cute for words: cuteness evokes the heartwarming emotion of kama muta. <i>Frontiers in Psychology</i> . 10, 1-17 - Times Cited Web of Science®: 72 - Times Cited Scopus: 68
4	Hu, C. P., Yin, J. X., Lindenberg, S., Dalar, I., Weissgerber, S. C., Vergara, R. C....Ijzerman, H. I. (2019). Data from the Human Penguin Project, a cross-national dataset testing social thermoregulation principles. <i>Scientific Data</i> . 6 (32), 1-7 - Times Cited Web of Science®: 15 - Times Cited Scopus: 12
5	Seibt, B., Schubert, T. W., Zickfeld, J. H. & Fiske, A. P. (2019). Touching the base: heart-warming ads from the 2016 U.S. election moved viewers to partisan tears. <i>Cognition and Emotion</i> . 33 (2), 197-212 - Times Cited Web of Science®: 30 - Times Cited Scopus: 32
6	Zickfeld, J. H., Schubert, T. W., Seibt, C., Blomster, J., Arriaga, P., Basabe, N....Fiske, A. P. (2019). Kama muta: conceptualizing and measuring the experience of being moved across 19 nations and 15 languages. <i>Emotion</i> . 19 (3), 402-424 - Times Cited Web of Science®: 128 - Times Cited Scopus: 134
7	Fiske, A. P., Seibt, B. & Schubert, T. (2019). The sudden devotion emotion: kama muta and the cultural practices whose function is to evoke it. <i>Emotion Review</i> . 11 (1), 74-86 - Times Cited Web of Science®: 121 - Times Cited Scopus: 124
8	Seibt, B., Schubert, T. W., Janis H. Zickfeld, Lei Zhu, Zhu, L., Arriaga, P....Alan Page Fiske (2018). Kama muta: similar emotional responses to touching videos across the United States, Norway, China, Israel, and Portugal. <i>Journal of Cross-Cultural Psychology</i> . 49 (3), 418-435 - Times Cited Web of Science®: 48 - Times Cited Scopus: 49
9	Ijzerman, H., Lindenberg, S., Dala, I., Weissgerber, S. C. , Vergara, R. C. , Cairo, A. H. ...Zickfeld, Janis H. (2018). The human penguin project: climate, social integration, and core body temperature. <i>Collabra: Psychology</i> . 4 (1) - Times Cited Web of Science®: 32 - Times Cited Scopus: 34
10	Kosakowska-Berezecka, N., Jurek, P., Besta, T., Korzeniewska, L. & Seibt, B. (2018). De-gender them! Gendered vs cooperative division of housework – cross-cultural comparison of Polish and Norwegian students. <i>Current Psychology</i> . - Times Cited Web of Science®: 6 - Times Cited Scopus: 8

11	<p>Schubert, T. W., Zickfeld, J. H., Seibt, C. & Fiske, A. P. (2018). Moment-to-moment changes in feeling moved match changes in closeness, tears, goosebumps, and warmth: time series analyses. <i>Cognition and Emotion</i>. 32 (1), 174-184</p> <p>- Times Cited Web of Science®: 76</p> <p>- Times Cited Scopus: 85</p>
12	<p>Fiske, A. P., Schubert, T. W. & Seibt, B. (2017). The best loved story of all time: overcoming all obstacles to be reunited, evoking kama muta. <i>Evolutionary Studies in Imaginative Culture</i>. 1 (1), 67-70</p> <p>- Times Cited Web of Science®: 26</p> <p>- Times Cited Scopus: 28</p>
13	<p>Zemojtel-Piotrowska, M., Piotrowski, J. P., Ciecuch, J., Calogero, R. M., Van Hiel, A., Argentero, P....Wills-Herrera, E. (2017). Measurement of psychological entitlement in 28 countries. <i>European Journal of Psychological Assessment</i>. 33 (3), 207-217</p> <p>- Times Cited Web of Science®: 31</p> <p>- Times Cited Scopus: 28</p>
14	<p>Schubert, T. W., Seibt, C., Zickfeld, J. H., Blomster, J. & Fiske, A. (2017). Being moved is a positive emotion, and emotions should not be equated with their vernacular labels. <i>Behavioral and Brain Sciences</i>. 40, e374</p> <p>- Times Cited Web of Science®: 6</p> <p>- Times Cited Scopus: 6</p>
15	<p>Seibt, C., Schubert, T. W., Zickfeld, J. H. & Fiske, A. P. (2017). Interpersonal closeness and morality predict feelings of being moved. <i>Emotion</i>. 17 (3), 389-394</p> <p>- Times Cited Web of Science®: 67</p> <p>- Times Cited Scopus: 66</p>
16	<p>Zickfeld, J. H., Schubert, T. W., Seibt, C. & Fiske, A. P. (2017). Empathic concern is part of a more general communal emotion. <i>Frontiers in Psychology</i>. 8</p> <p>- Times Cited Web of Science®: 91</p> <p>- Times Cited Scopus: 88</p>
17	<p>Gaspar, R., Pedro, C., Panagiotopoulos, P. & Seibt, C. (2016). Beyond positive or negative: qualitative sentiment analysis of social media reactions to unexpected stressful events. <i>Computers in Human Behavior</i>. 56, 179-191</p> <p>- Times Cited Web of Science®: 201</p> <p>- Times Cited Scopus: 204</p>
18	<p>Gaspar, R., Luís, S., Seibt, C., Lima, M. L., Marcu, A., Rutsaert, P....Barnett, J. (2016). Consumers' avoidance of information on red meat risks: information exposure effects on attitudes and perceived knowledge. <i>Journal of Risk Research</i>. 19 (4), 533-549</p> <p>- Times Cited Web of Science®: 45</p> <p>- Times Cited Scopus: 50</p>
19	<p>Seibt, B., Mühlberger, A., Likowski, K. U. & Weyers, P. (2015). Facial mimicry in its social setting. <i>Frontiers in Psychology</i>. 6</p> <p>- Times Cited Web of Science®: 151</p> <p>- Times Cited Scopus: 145</p>
20	<p>Seibt, C., Waldzus, S., Schubert, T. W. & Brito, R. (2015). Conservatism is not the missing viewpoint for true diversity. <i>Behavioral and Brain Sciences</i>. 38</p> <p>- Times Cited Scopus: 1</p> <p>- Times Cited Google Scholar: 1</p>

21	<p>Simão, C. & Seibt, B. (2015). Friendly touch increases gratitude by inducing communal feelings. <i>Frontiers in Psychology</i>. 6</p> <p>- Times Cited Web of Science®: 24</p> <p>- Times Cited Scopus: 24</p>
22	<p>Marcu, A., Gaspar, R., Rutsaert, P., Seibt, C., Fletcher, D., Verbeke, W....Barnett, J. (2015). Analogies, metaphors, and wondering about the future: lay sense-making around synthetic meat. <i>Public Understanding of Science</i>. 24 (5), 547-562</p> <p>- Times Cited Web of Science®: 134</p> <p>- Times Cited Scopus: 128</p>
23	<p>Verbeke, W., Marcu, A., Rutsaert, P., Gaspar, R., Seibt, C., Fletcher, D....Barnett, J. (2015). 'Would you eat cultured meat?': consumers' reactions and attitude formation in Belgium, Portugal and the United Kingdom. <i>Meat Science</i>. 102, 49-58</p> <p>- Times Cited Web of Science®: 344</p> <p>- Times Cited Scopus: 331</p>
24	<p>Gaspar, R., Barnett, J. & Seibt, B. (2015). Crisis as seen by the individual: the Norm Deviation Approach. <i>PsyEcology</i>. 6 (1), 103-135</p> <p>- Times Cited Web of Science®: 15</p> <p>- Times Cited Scopus: 12</p>
25	<p>Rutsaert, P., Barnett, J., Gaspar, R., Marcu, A., Pieniak, Z., Seibt, C....Verbeke, W. (2015). Beyond information seeking: consumers' online deliberation about the risks and benefits of red meat. <i>Food Quality and Preference</i>. 39 (1), 191-201</p> <p>- Times Cited Web of Science®: 25</p> <p>- Times Cited Scopus: 25</p>
26	<p>Gaspar, R., Gorjão, S., Seibt, C., Lima, L., Barnett, J., Moss, A....Wills, J. (2014). Tweeting during food crises: a psychosocial analysis of threat coping expressions in Spain, during the 2011 European EHEC outbreak. <i>International Journal of Human-Computer Studies</i>. 72 (2), 239-254</p> <p>- Times Cited Web of Science®: 68</p> <p>- Times Cited Scopus: 65</p>
27	<p>Simão, C. & Seibt, B. (2014). Gratitude depends on the relational model of communal sharing. <i>PLoS One</i>. 9 (1)</p> <p>- Times Cited Web of Science®: 22</p> <p>- Times Cited Scopus: 19</p>
28	<p>Seibt, B., Weyers, P., Likowski, K. U., Pauli, P., Mühlberger, A. & Hess, U. (2013). Subliminal Interdependence Priming Modulates Congruent and Incongruent Facial Reactions to Emotional Displays. <i>Social Cognition</i>. 31 (5), 613-631</p> <p>- Times Cited Web of Science®: 24</p> <p>- Times Cited Scopus: 18</p>
29	<p>Nussinson, R. , Häfner, M., Seibt, B., Strack, F. & Trope, Y. (2012). Approach/avoidance orientations affect self-construal and identification with in-group. <i>Self and Identity</i>. 11 (2), 255-272</p> <p>- Times Cited Web of Science®: 22</p> <p>- Times Cited Scopus: 17</p>
30	<p>Nussinson, R., Seibt, C., Häfner, M. & Strack, F. (2011). Cognitive consequences of motivational orientation: perceived similarity between objects. <i>Acta Psychologica</i>. 138 (1), 39-44</p> <p>- Times Cited Web of Science®: 5</p> <p>- Times Cited Scopus: 6</p>

31	<p>Likowski, K. U., Weyers, P., Seibt, C., Stöhr, C., Pauli, P. & Mühlberger, A. (2011). Sad and lonely? Sad mood suppresses facial mimicry. <i>Journal of Nonverbal Behavior</i>. 35 (2), 101-117</p> <p>- Times Cited Web of Science®: 63</p> <p>- Times Cited Scopus: 53</p>
32	<p>Likowski, K. U., Mühlberger, A., Seibt, C., Pauli, P. & Weyers, P. (2011). Processes underlying congruent and incongruent facial reactions to emotional facial expressions. <i>Emotion</i>. 11 (3), 457-467</p> <p>- Times Cited Web of Science®: 50</p> <p>- Times Cited Scopus: 45</p>
33	<p>Nussinson, R. , Seibt, C., Häfner, M. & Strack, F. (2010). Come a bit closer: approach motor actions lead to feeling similar and behavioral assimilation. <i>Social Cognition</i>. 28 (1), 40-58</p> <p>- Times Cited Web of Science®: 30</p> <p>- Times Cited Scopus: 26</p>
34	<p>Hoefling, A., Likowski, K. U., Deutsch, R., Häfner, M., Seibt, C., Mühlberger, A....Strack, F. (2009). When Hunger Finds No Fault With Moldy Corn: Food Deprivation Reduces Food-Related Disgust. <i>Emotion</i>.</p> <p>- Times Cited Web of Science®: 83</p> <p>- Times Cited Scopus: 83</p>
35	<p>Seibt, C., Neumann, R., Nussinson, R. , Ravit Nussinson & Strack, F. (2008). Movement direction or change in distance? Self- and object-related approach-avoidance motions. <i>Journal of Experimental Social Psychology</i>.</p> <p>- Times Cited Web of Science®: 188</p> <p>- Times Cited Scopus: 166</p>
36	<p>Likowski, K. U., Mühlberger, A., Seibt, C., Pauli, P. & Weyers, P. (2008). Modulation of facial mimicry by attitudes. <i>Journal of Experimental Social Psychology</i>.</p> <p>- Times Cited Web of Science®: 183</p> <p>- Times Cited Scopus: 167</p>
37	<p>Gawronski, B., Deutsch, R., Mbirkou, S., Seibt, C. & Strack, F. (2008). When . <i>Journal of Experimental Social Psychology</i>.</p> <p>- Times Cited Web of Science®: 214</p> <p>- Times Cited Scopus: 205</p>
38	<p>Seibt, C., Häfner, M. & Deutsch, R. (2007). Prepared to eat: How immediate affective and motivational responses to food cues are influenced by food deprivation. <i>European Journal of Social Psychology</i>.</p> <p>- Times Cited Web of Science®: 167</p> <p>- Times Cited Scopus: 163</p>
39	<p>Gregg, A.P., Seibt, C. & Banaji, M.R. (2006). Easier done than undone: Asymmetry in the malleability of implicit preferences. <i>Journal of Personality and Social Psychology</i>.</p> <p>- Times Cited Web of Science®: 405</p> <p>- Times Cited Scopus: 366</p>
40	<p>Seibt, C. & Jens Förster (2004). Stereotype Threat and Performance: How Self-Stereotypes Influence Processing by Inducing Regulatory Foci. <i>Journal of Personality and Social Psychology</i>.</p> <p>- Times Cited Web of Science®: 354</p> <p>- Times Cited Scopus: 292</p>
41	<p>Neumann, R., Hülsenbeck, K. & Seibt, C. (2004). Attitudes towards people with AIDS and avoidance behavior: Automatic and reflective bases of behavior. <i>Journal of Experimental Social Psychology</i>.</p> <p>- Times Cited Web of Science®: 138</p> <p>- Times Cited Scopus: 122</p>

42	Neumann, R., Seibt, C. & Strack, F. (2001). The influence of mood on the intensity of emotional responses: Disentangling feeling and knowing. <i>Cognition and Emotion</i> . - Times Cited Web of Science®: 76 - Times Cited Scopus: 61
43	Neumann, R. & Seibt, C. (2001). The structure of prejudice: Associative strength as a determinant of stereotype endorsement. <i>European Journal of Social Psychology</i> . - Times Cited Web of Science®: 35 - Times Cited Scopus: 34

• Books and Book Chapters

- Book author

1	Werth, L. , Seibt, B. & Mayer, J. (2020). <i>Sozialpsychologie – Der Mensch in sozialen Beziehungen</i> .
2	Seibt, B. (2005). Risky and Careful Processing Under Stereotype Threat: How Performance is Influenced by Activated Self-stereotypes.

- Book chapter

1	Fiske, A. P., Schubert, T. & Seibt, B. (2017). "Kama muta" or 'being moved by love': a bootstrapping approach to the ontology and epistemology of an emotion. In Julia L. Cassaniti and Usha Menon (Ed.), <i>Universalism without uniformity: explorations in mind and culture</i> . (pp. 79-100). Chicago: University of Chicago Press.
2	Schubert, T., Waldzus, S. & Seibt, B. (2011). More than a metaphor: How the understanding of power is grounded in experience . In Thomas W. Schubert and Anne Maass (Ed.), <i>Spatial dimensions of social thought</i> . (pp. 153-186). Berlin: De Gruyter Mouton. - Times Cited Scopus: 13 - Times Cited Google Scholar: 22
3	Schubert, T., Waldzus, S. & Seibt, C. (2008). The embodiment of power and communalism in space and bodily contact. In G.R. Semin & E.R. Smith (Ed.), <i>Embodied grounding: Social, cognitive, affective, and neuroscientific approaches</i> . (pp. 160-183). New York: Cambridge University Press. - Times Cited Google Scholar: 60

• Other Publications

- Non-peer-reviewed papers

1	Gaspar, R., Lima, M. L., Sara Gorjão, Seibt, C. & Carvalho, J. (2012). Novos media sociais na comunicação de benefícios e riscos alimentares: o caso das crises alimentares na Europa. <i>Riscos e Alimentos, Revista da Autoridade de Segurança Alimentar e Económica – ASAE</i> . 3, 30-32
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- Newspaper article

1	Simão, C. & Seibt, B. (2012). Family Honour and the Purity of the Family s Essence: A Relational Models Approach. <i>In-Mind Magazine</i> . 1-6
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• Conferences/Workshops and Talks

- Talk

1	Janis H. Zickfeld, Arriaga, P. & Seibt, B. (2021). Tears of joy, aesthetic chills and heartwarming feelings: Physiological correlates of Kama Muta. 46th Annual Conference "Psychology and the Brain".
2	Gaspar, R., Luís, S., Seibt, B., Lima, M. L., Marcu, A., Rutsaert, P....Barnett, J. (2014). Evitamento de informação sobre riscos alimentares: preditores e consequências. X Congresso Nacional de Psicologia da Saúde.
3	Simão, C. & Seibt, B. (2014). Touch, gratitude and communal sharing: How they interrelate. 17th General Meeting of European Association for Social Psychology.
4	Simão, C. & Seibt, B. (2013). Touching others: When physical touch means closeness and gratitude. The 14th Annual Meeting of the Society for Personality and Social Psychology.
5	Simão, C. & Seibt, B. (2013). Touching others: When physical touch means closeness and gratitude. Embodiment Pre-Conference for the Society for Personality and Social Psychology.
6	Schubert, T., Waldzus, S. & Seibt, B. (2012). Verticality and power: More than a metaphor. 30th International Congress of Psychology.
7	Simão, C. & Seibt, B. (2012). Touch as an embodied cue for communion and gratitude. SoDoc.
8	Simão, C. & Seibt, B. (2012). Communal-oriented relationships influence gratitude. Consortium of European Research on Emotion .
9	Gaspar, R., Lima, M. L. & Seibt, B. (2011). Understanding responses to food risk governance: a secondary analysis of 2010 Eurobarometer data. Society for Risk Analysis ? Europe Conference.
10	Simão, C. & Seibt, B. (2011). Communal relations increase feelings of gratitude. 12th European Congress of Psychology.
11	Simão, C. & Seibt, B. (2011). Is there a connection between communal relations and gratitude? The effect of communion over time. European Association for Social Psychology Meeting.
12	Seibt, B. & Simão, C. (2011). Disgust heightens honour concerns. European Association for Social Psychology.
13	Simão, C. & Seibt, B. (2011). Does gratitude increase communion? A relational model theory approach. Krakow Seminar on Social Cognition and Intergroup Relations.
14	Seibt, B. & Simão, C. (2011). Disgust heightens honour concerns. 16th General Meeting of European Association for Social Psychology.
15	Simão, C. & Seibt, B. (2011). Is there a connection between communal relations and gratitude? The effect of communion over time. 16th European Association for Social Psychology Meeting.
16	Simão, C. & Seibt, B. (2010). Disgust heightens sensitivity with honour-concerns. Small Group Meeting on Honor.
17	Simão, C. & Seibt, B. (2010). Is there a connection between communal relations and gratitude?. Workshop on Social Relations: Cognitive Models and Embodiment.

Academic Management Positions

Membro (2010 - 2012)
Unit/Area: Comissão Científica