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## Cristofthe J Fernandes

### Contacts

#### E-mail

Cristofthe.Fernandes@iscte-iul.pt

### Curriculum

Cristofthe J. Fernandes graduated in Psychology from the Federal University of Ceará (UFC), Brazil, including an academic mobility period at the University of Cologne, Germany. He completed a Master's degree in Psychology from UFC, with a study period at the University of Porto, Portugal. He is currently a PhD candidate in Psychology at the Faculty of Psychology and Education Sciences of the University of Porto, and his doctoral scholarship funded by the Portuguese Foundation for Science and Technology (FCT) has already been concluded. Based on the Self-Determination Theory, his doctoral research focuses on the predictive relationships between well-being, mental disorders, and autonomy during the COVID-19 pandemic. He conducted a research stay at the Université Paris Nanterre, under the supervision of Prof. Dr. Evgeny Osin, working on the validation of the Comprehensive Relative Autonomy Index (C-RAI) scale using Multidimensional Scaling in the R environment. Currently, Cristofthe is a research fellow on the Time-To-Engage project, which investigates the intentions and behaviors of older adults regarding the use of digital health technologies.

In addition to his academic pursuits, Cristofthe has a background in clinical psychology, having worked with the NGO Silvestre Gomes on the Bloco Doido é Tu project, which provides psychosocial care. Throughout his professional career, Cristofthe has contributed to national and international research projects, emphasizing evidence-based practices in mental health. His professional and research interests include autonomy as a basic human need, subjective well-being, mental health disorders, community mental health, and using digital technologies in health. His work encompasses a broad conception of mental health, addressing both positive and negative factors, with a commitment to identify ways to improve mental health outcomes through innovative and interdisciplinary approaches.

### Academic Qualifications

University/Institution	Type	Degree	Period
Universidade do Porto Faculdade de Psicologia e de Ciências da Educação	PhD	Psicologia	2022
Clarivate Analytics Company	Other type of qualification	Treinamento no indexador Web of Science	2019

Universidade Federal do Ceará	Integrated M.Sc.	Psicologia	2018
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Total Citations	
Web of Science®	37
Scopus	10

## Publications

### • Books and Book Chapters

#### - Book chapter

1	Fernandes, C. J., Lima, AF & Oliveira, PRS (2018). Apontamentos Para Uma Nova Leitura Da Atual Reforma Psiquiátrica. In Identidade, contemporaneidade e práticas psicológicas no contexto brasileiro . (pp. 1384-1393). Teresina: EDUFPI.
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### • Other Publications

#### - Non-peer-reviewed papers

1	Fernandes, C. J., Félix Netos & Patrício Costa (2024). Identifying disparities in Mental Illness and Well-Being across Non-Risk, Risk, and Intersectional Groups during COVID-19 and the Sociodemographic's Role in Mental Health Outcomes. Brazilian Journal of Psychiatry. - Times Cited Web of Science®: 2 - Times Cited Scopus: 2
2	Fernandes, C. J., Aluísio Ferreira de Lima, Pedro Renan Santos de Oliveira & Walberto Silva dos Santos (2020). Índice de Cobertura Assistencial da Rede de Atenção Psicossocial (iRAPs) como ferramenta de análise crítica da reforma psiquiátrica brasileira. Cadernos de Saúde Pública. 36 (4) - Times Cited Web of Science®: 35 - Times Cited Scopus: 8

#### - Other publications

1	Bobrowicz-Campos, E., Fernandes, C. J., Sousa, J. P., Camilo, C., Pegado, E. & Medeiros, A. (2025). Intentions and behaviours of using digital health technology by older adults: collaborative research. Data Management Plan (Versão 2). Plataforma Zenodo.
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#### - Master's Dissertation

1	Fernandes, C. J. (2018). Reforma Psiquiátrica (Im)Possível? Estudo Documental e Analítico (2008 A 2017) .
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### • Conferences/Workshops and Talks

#### - Talk

1	Medeiros, A., Fernandes, C. J., Bobrowicz-Campos, E., Pegado, E. & Camilo, C. (2024). Digital Health Equity: Addressing the Challenges of the Digital Age for Older Adults in Portugal. International Congress on 21st
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	Century Literacies.
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## Research Projects

Project Title	Role in Project	Partners	Period
Intentions and behaviours of using digital health technology by older adults: collaborative research	Scholar	CIS-Iscte (H4A) - Leader, CIES-Iscte	2024 - 2025
Exploitative working relationships: Impact on employees' health and behaviors	Post-Doc Scholar	BRU-Iscte (OB&HR)	2025 - 2026

## Organization/Coordination of Events

Type of Organization/Coordination	Event Title	Organizer	Year
Member of scientific event's organizing committee	Projeto de estágio no Sistema Único de Saúde do Brasil		2016
Member of scientific event's organizing committee	A convocação da presença cada vez maior de psicólogos(as) atuando junto a essas políticas, levou a ter como foco do Encontro Nacional da ABRAPSO a temática Psicologia social e os atuais desafios ético-políticos no Brasil possibilitará o debate sobre a formação em Psicologia, especialmente em Psicologia Social.		2015