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Ecem Sarper

Bolseira de Doutoramento
CIS-Iscte - Centro de Investigação e Intervenção Social

Contactos

E-mail	Ecem_Sarper@iscte-iul.pt

Currículo

Ecem Sarper is a PhD student at Iscte-Instituto Universitário de Lisboa. She completed her MSc in Health Psychology at University College London (UCL). Since 2020, she has been a member of the Behavior, Emotion, and Cognition (BEC) research group at CIS-Iscte. From a psychosocial perspective, her PhD project focuses on the determinants of prolonged grief symptoms, public stigma toward bereaved individuals, and mental and physical health outcomes of prolonged grief.

Qualificações Académicas

Universidade/Instituição	Tipo	Curso	Período
University College London	Mestrado	Health Psychology	2016
Ege University	Bacharelato	Psychology	2015

Total de Citações

Web of Science®	19
Scopus	5

Publicações

• Revistas Científicas

- Artigo em revista científica

1	Sarper, E., Luís, S. & Rodrigues, D. L. (N/A). Prolonged grief and perceived mental and physical health: The mediating role of meaning in life. OMEGA - Journal of Death and Dying, N/A. https://doi.org/10.1177/00302228261427791 - N.º de citações Google Scholar: 1
2	Sarper, E. & Rodrigues, D. L. (2026). The role of perceived social support in the grief experiences of more anxious and self-compassionate people. OMEGA - Journal of Death and Dying, 93(1), 20?37. https://doi.org/10.1177/00302228241229484 - N.º de citações Web of Science®: 13 - N.º de citações Scopus: 5 - N.º de citações Google Scholar: 27
3	Sarper, E. & Rodrigues, D. L. (2025). The stigmatization of prolonged grief disorder and disenfranchised grief: A vignette-based experimental study. Death Studies, 49(5), 535?545. https://doi.org/10.1080/07481187.2024.2340726 - N.º de citações Web of Science®: 6 - N.º de citações Google Scholar: 9

• Conferências/Workshops e Comunicações

- Comunicação em evento científico

1	Sarper, E., Luís, S. & Rodrigues, D. L. (2026). The role of prolonged grief on perceived mental and physical health: The mediating effect of meaning in life. 31st International Congress of Applied Psychology,.
2	Sarper, E., Da Palma, P. J, Luís, S. , Rodrigues, D. L. & Lopes, M. P. (2025). The role of place attachment on subjective well-being: The mediating effect of perceived environmental quality. ISQOLS 23rd Annual Conference,.
3	Sarper, E., Luís, S. & Rodrigues, D. L. (2025). The role of prolonged grief on perceived mental and physical health: The mediating effect of meaning in life. XII Simpósio Nacional de Investigação em Psicologia,.
4	Sarper, E., Luís, S. & Rodrigues, D. L. (2025). The role of prolonged grief on perceived mental and physical health: The mediating effect of meaning in life. XX PhD Meeting in Psychology,.
5	Sarper, E. & Rodrigues, D. L. (2024). The stigmatization of prolonged grief disorder and disenfranchised grief: A vignette-based experimental study. XIX PhD Meeting in Psychology,.
6	Sarper, E. & Rodrigues, D. L. (2024). The stigmatization of prolonged grief disorder and disenfranchised grief: A vignette-based experimental study. 38th Annual Conference of the European Health Psychology Society,.
7	Sarper, E., Rodrigues, D. L. & Luís, S. (2024). Understanding the antecedents and implications of prolonged grief for psychosocial adjustment, health, and well-being. Fórum das Práticas Municipais de Qualidade de Vida,.
8	Sarper, E. & Rodrigues, D. L. (2023). Trait anxiety, self-compassion, and complicated grief: Examining the distinct role of perceived social support. 44th International Conference of the Stress, Trauma, Anxiety, and Resilience Society (STAR),.

9	Sarper, E. & Rodrigues, D. L. (2023). Trait anxiety, self-compassion, and complicated grief: Examining the distinct role of perceived social support. XVIII PhD Meeting in Psychology,.
10	Sarper, E. & Rodrigues, D. L. (2022). The roles of trait anxiety, social support, and self-compassion on complicated grief. 14th National Congress of Health Psychology,.
11	Sarper, E. & Rodrigues, D. L. (2021). Is trait anxiety associated with complicated grief symptoms and meaning in life? Examining the roles of self-compassion, perceived social support, sense-making, and attachment styles. XVI PhD Meeting in Psychology,.

Associações Profissionais

International Association of Applied Psychology (IAAP) (Desde 2025)
International Society for Quality of Life Studies (ISQOLS) (Desde 2025)
European Health Psychology Society (EHPS) (Desde 2024)