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Ecem Sarper

PhD Scholar

CIS-Iscte - Centre for Psychological Research and Social Intervention (ECSH)
[Behaviour Emotion and Cognition]

Contacts

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Curriculum

Ecem Sarper is a PhD student at Iscte-Instituto Universitário de Lisboa. She completed her MSc in Health Psychology at University College London (UCL). Since 2020, she has been a member of the Behavior, Emotion, and Cognition (BEC) research group at CIS-Iscte. From a psychosocial perspective, her PhD project focuses on the determinants of prolonged grief symptoms, public stigma toward bereaved individuals, and mental and physical health outcomes of prolonged grief.

Academic Qualifications

University/Institution	Type	Degree	Period
University College London	M.Sc.	Health Psychology	2016
Ege University	Bachelor of Science	Psychology	2015

Total Citations

Web of Science®	10
Scopus	5

Publications

• Scientific Journals

- Scientific journal paper

1	Sarper, E. & Rodrigues, D. L. (N/A). The role of perceived social support in the grief experiences of more anxious and self-compassionate people. OMEGA - Journal of Death and Dying. N/A - Times Cited Web of Science®: 7 - Times Cited Scopus: 5 - Times Cited Google Scholar: 15
2	Sarper, E. & Rodrigues, D. L. (2025). The stigmatization of prolonged grief disorder and disenfranchised grief: A vignette-based experimental study. Death Studies. 49 (5), 535-545 - Times Cited Web of Science®: 3 - Times Cited Google Scholar: 5

• Conferences/Workshops and Talks

- Talk

1	Sarper, E., Da Palma, P. J., Luís, S. , Rodrigues, D. L. & Lopes, M. P. (2025). The role of place attachment on subjective well-being: The mediating effect of perceived environmental quality. ISQOLS 23rd Annual Conference.
2	Sarper, E., Luís, S. & Rodrigues, D. L. (2025). The role of prolonged grief on perceived mental and physical health: The mediating effect of meaning in life . XII Simpósio Nacional de Investigação em Psicologia.
3	Sarper, E., Luís, S. & Rodrigues, D. L. (2025). The role of prolonged grief on perceived mental and physical health: The mediating effect of meaning in life. XX PhD Meeting in Psychology .
4	Sarper, E. & Rodrigues, D. L. (2024). The stigmatization of prolonged grief disorder and disenfranchised grief: A vignette-based experimental study. XIX PhD Meeting in Psychology .
5	Sarper, E. & Rodrigues, D. L. (2024). The stigmatization of prolonged grief disorder and disenfranchised grief: A vignette-based experimental study. 38th Annual Conference of the European Health Psychology Society .
6	Sarper, E., Rodrigues, D. L. & Luís, S. (2024). Understanding the antecedents and implications of prolonged grief for psychosocial adjustment, health, and well-being. Fórum das Práticas Municipais de Qualidade de Vida.
7	Sarper, E. & Rodrigues, D. L. (2023). Trait anxiety, self-compassion, and complicated grief: Examining the distinct role of perceived social support. 44th International Conference of the Stress, Trauma, Anxiety, and Resilience Society (STAR).
8	Sarper, E. & Rodrigues, D. L. (2023). Trait anxiety, self-compassion, and complicated grief: Examining the distinct role of perceived social support. XVIII PhD Meeting in Psychology.
9	Sarper, E. & Rodrigues, D. L. (2022). The roles of trait anxiety, social support, and self-compassion on complicated grief. 14th National Congress of Health Psychology.
10	Sarper, E. & Rodrigues, D. L. (2021). Is trait anxiety associated with complicated grief symptoms and meaning in life? Examining the roles of self-compassion, perceived social support, sense-making, and attachment styles. XVI PhD Meeting in Psychology.

Professional Associations

International Association of Applied Psychology (IAAP) (Since 2025)

International Society for Quality of Life Studies (ISQOLS) (Since 2025)

European Health Psychology Society (EHPS) (Since 2024)