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Emma Castro

PhD Student

CIS-Iscte - Centre for Psychological Research and Social Intervention (ECSH)
[Community, Education and Development]



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Curriculum

Emma Castro is a Psychology PhD student at ISCTE-IUL. Her thesis consists of five studies that aim to identify the critical factors that contribute to the success of Therapeutic Residential Care (TRC). Her passion centres around the application of research to create positive change for those most vulnerable, with a focus on the provision of quality, youth-friendly health services that actually make a long-term difference. She completed a MSc in Mental Health and Psychological therapies at Queen Mary University of London. Professionally, she has worked therapeutically with complex populations, such as children with severe learning disabilities and veterans with traumatic brain injury, under the supervision of an Educational, Clinical and Clinical Neuropsychologist in the UK.

Academic Qualifications

University/Institution	Type	Degree	Period
Barts and the London School of Medicine and Dentistry (Queen Mary, University of London)	M.Sc.	Mental Health and Psychological Therapies	2013
University of Westminster	Licenciante	Psychology	2009

Total Citations

Web of Science®

33

Publications

• Scientific Journals

- Scientific journal paper

1	<p>Castro, E., Magalhães, E. & Del Valle, J. F. (2025). How young people portrayed their experiences in therapeutic residential care in Portugal: A mixed methods study. <i>Child and Adolescent Social Work Journal</i>. 42 (6), 811-827</p> <p>- Times Cited Web of Science®: 1 - Times Cited Scopus: 1 - Times Cited Google Scholar: 2</p>
2	<p>Castro, E., Magalhães, E. & Fernández del Valle, J. (2024). A systematic review of quality indicators in therapeutic residential care drawn from young people's beliefs and experiences. <i>Child Indicators Research</i>. 17 (3), 1195-1216</p> <p>- Times Cited Web of Science®: 6 - Times Cited Scopus: 6 - Times Cited Google Scholar: 6</p>
3	<p>Castro, E., Magalhães, E. & Fernández del Valle, J. (2023). A systematic review of non-specific and specific treatment factors associated with lower or greater internalising and externalising symptoms in therapeutic residential care. <i>Children and Youth Services Review</i>. 147</p> <p>- Times Cited Web of Science®: 10 - Times Cited Scopus: 9 - Times Cited Google Scholar: 13</p>
4	<p>Magalhães, E., Ferreira, C., Antunes, C., Jongenelen, I. & Castro, E. (2022). Stressful events during last year, violence and anxiety and depression: A moderated mediation model by sex. <i>Violence and Victims</i>. 37 (5), 610-624</p> <p>- Times Cited Web of Science®: 6 - Times Cited Scopus: 5 - Times Cited Google Scholar: 5</p>
5	<p>Magalhães, E., Costa, P., Pinto, V. S., Graça, J., Baptista, J., Ferreira, S....Gouveia, L. (2022). Reasons, willingness, and intention to be a foster family: A community-sample study. <i>Children and Youth Services Review</i>. 142</p> <p>- Times Cited Web of Science®: 10 - Times Cited Scopus: 10 - Times Cited Google Scholar: 14</p>

• Books and Book Chapters

- Book chapter

1	<p>Castro, E., Pinheiro, M. & Magalhães, E. (2025). Saúde Mental de Crianças e Jovens em Acolhimento Residencial. In <i>Promover os Direitos e Proteger Crianças e Jovens em Perigo: Contributos da Ciência e Considerações Práticas</i>. (pp. 333-342).</p>
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• Conferences/Workshops and Talks

- Talk

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	Castro, E., Magalhães, E. & Del Valle, J. (2024). Understanding the factors that influence the success of therapeutic residential care: a quantitative and qualitative systematic review. 8th EFCAP (European Association for Forensic Child and Adolescent Psychiatry and Psychology and Other Involved Professions) Congress.
2	Castro, E., Magalhães, E. & Jorge Fernández del Valle (2023). A systematic review of quality indicators in therapeutic residential care drawn from young people's beliefs and experiences. V International Congress of Clinical and Health Psychology on Children and Adolescents (CINEICC).
3	Castro, E., Magalhães, E. & Jorge Fernández del Valle (2023). A systematic review of quality indicators in therapeutic residential care drawn from young people's beliefs and experiences. VII International Conference of Childhood and Adolescence (ICCA).
4	Castro, E., Magalhães, E. & Jorge Fernández del Valle (2023). How young people portrayed their experiences in therapeutic residential care in Portugal. European Scientific Association on Residential and Family Care for Children and Adolescents (EuSarf).
5	Castro, E., Magalhães, E. & Jorge Fernández del Valle (2023). The identification of factors that affect mental health in therapeutic residential care: a quantitative and qualitative review. IX International Congress of Clinical and Health Psychology in Children .
6	Castro, E., Magalhães, E. & Jorge Fernández del Valle (2023). Identificar os princípios fundamentais de trabalhar em colaboração com a comunidade. Encontro Nacional sobre Acolhimento Residencial Especializado Terapêutico.
7	Castro, E., Magalhães, E. & Del Valle, J. (2022). Uncovering the black box: A systematic review of the non-specific and specific treatment factors associated with psychopathology in TRC. XI International Research Network in Foster Care Conference.
8	Magalhães, E., Costa, P., Pinto, V., Graça, J., Castro, E., Baptista, J....Castro, E. (2021). Razões para acolher crianças e jovens em perigo: Um estudo com uma amostra de adultos na comunidade. V International Conference on Childhood and Adolescence (ICCA).
9	Castro, E., Magalhães, E. & Jorge Fernández del Valle (2020). Acolhimento Residencial Terapêutico: a identificação de fatores críticos de risco e proteção para resultados de sucesso. V International Conference on Childhood and Adolescence.