

Ciência_Iscte

Public Profile

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Gabriela Mata Caldeira

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Curriculum

PhD candidate in Sociology at Iscte - University Institute of Lisbon, conducting research on the representation of mental health, titled "Managing Uncertainties and New Challenges - Mental Health Represented by University Students." She completed a postgraduate degree in Data Analysis in Social Sciences (Iscte, 2020). Engaged in academic teaching at ISCTE since 2021. Holds both a Master's and Bachelor's degree in Sociology from Iscte. Her work involves data collection and analysis, as well as support in the development of technical and scientific outputs. Over the course of 25 years of professional experience across various fields, she has worked as an employee in different roles. She held management positions in Human Resources and worked as an Executive Secretary, where she refined her skills in planning and organizational management, gaining expertise in business-oriented organizational methodologies. Her main research interests include: social inequalities, health, demography, risk, and ageing.

Research Interests

Social inequalities, health, demographics, risk, and aging

Academic Qualifications			
University/Institution	Туре	Degree	Period
ISCTE-Instituto Universitário de Lisboa	PhD	Sociologia	2026
ISCTE-Instituto Universitário de Lisboa	Post-graduation	Pós-Graduação em Análise de Dados em Ciências Sociais	2021

ISCTE-Instituto Universitário de Lisboa	M.Sc.	Sociologia	2020
ISCTE-Instituto Universitário de Lisboa	Licenciate	Sociologia	2018
Faculdade de Direito da Universidade Nova de Lisboa	Other type of qualification	Extensão Universitária em Emergência e Proteção Civil	2015

External Professional Activities			
Period	Employer	Country	Description
2022 - 2023	lscte - Instituto Universitário de Lisboa	Portugal	Skills training for the job market
Since 2021	Institute of Law and Security	Portugal	Support to the Management in the coordination of specialized training courses.

Teaching Activities				
Teaching Year	Sem.	Course Name	Degree(s)	Coord
2025/2026	2°	Public Speaking with Drama Techniques	Institutional Degree in Softskills;	No
2025/2026	2°	Competencies for the Labor Market	Institutional Degree in Softskills;	No
2025/2026	1°	Public Speaking with Drama Techniques	Institutional Degree in Softskills;	No
2025/2026	1°	Competencies for the Labor Market	Institutional Degree in Softskills;	No
2024/2025	2°	Public Speaking with Drama Techniques	Institutional Degree in Softskills;	No
2024/2025	2°	Competencies for the Labor Market	Institutional Degree in Softskills;	No
2024/2025	1°	Public Speaking with Drama Techniques	Institutional Degree in Softskills;	No
2024/2025	1°	Competencies for the Labor Market	Institutional Degree in Softskills;	No
2023/2024	2°	Professional Presentations		No

Publications

- Books and Book Chapters
 - Book author

• Conferences/Workshops and Talks

- Talk

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Caldeira, G. M. (2022). O envelhecimento em Portugal: bem-estar social e condições de vida dos idosos nas regiões do Baixo Vouga e Beira Interior Sul. (IN)SUSTENTABILIDADE.

• Other Publications

- Master's Dissertation

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Caldeira, G. M. (2020). Representações sociais do voto: comportamentos e atitudes de cidadania e participação eleitoral . 1-59

Awards

Prémio de Excelência Académica (2019)

Professional Associations

Portuguese Sociology Association (Since 2017)

Organization/Coordination of Events			
Type of Organization/Coordination	Event Title	Organizer	Year
Member of scientific event's organizing committee	1st National Conference on Public Policies for Civil Protection – Civil Protection 2030: Which Path? Responsible for: Media management, content creation, graphic design, and visual identity of the Conference. Design and layout of the Conference book.	CEIPC - Centro de Estudos e Intervenção em Proteção Civil	2023 - 2024
Member of scientific event's organizing committee	The Demographic Crisis - A Country in Extinction	Associação Portuguesa de Demografia	2016

Diffusion Activities			
Activity Type	Event Title	Activity Description	Year
Member of organizing committee of knowledge diffusion event	1st National Conference on Public Policies for Civil Protection - Civil Protection 2030: What Path?	Media Management, Content Creation, Graphic Design, and Visual Identity of the Conference. Design and layout of the Conference book.	2024