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Gabriela Mata Caldeira

Assistente Convidada

Núcleo de Competências Transversais



Contacts

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|---------------|--------------------------------|
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Curriculum

PhD in Sociology at Iscte - University Institute of Lisbon, conducting research on the representation of mental health, titled "Managing Uncertainties and New Challenges - Mental Health Represented by University Students." She completed a postgraduate degree in Data Analysis in Social Sciences (Iscte, 2020). Engaged in academic teaching at ISCTE since 2021. Holds both a Master's and Bachelor's degree in Sociology from Iscte. Her work involves data collection and analysis, as well as support in the development of technical and scientific outputs. Over the course of 25 years of professional experience across various fields, she has worked as an employee in different roles. She held management positions in Human Resources and worked as an Executive Secretary, where she refined her skills in planning and organizational management, gaining expertise in business-oriented organizational methodologies. Her main research interests include: social inequalities, health, demography, risk, and ageing.

Research Interests

Social inequalities, health, demographics, education, risk, and aging

Academic Qualifications

| University/Institution | Type | Degree | Period |
|------------------------|------|--------|--------|
|------------------------|------|--------|--------|

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|---|-----------------------------|---|------|
| ISCTE-Instituto Universitário de Lisboa | PhD | Sociologia | 2026 |
| ISCTE-Instituto Universitário de Lisboa | Post-graduation | Pós-Graduação em Análise de Dados em Ciências Sociais | 2021 |
| ISCTE-Instituto Universitário de Lisboa | M.Sc. | Sociologia | 2020 |
| ISCTE-Instituto Universitário de Lisboa | Licenciante | Sociologia | 2018 |
| Faculdade de Direito da Universidade Nova de Lisboa | Other type of qualification | Extensão Universitária em Emergência e Proteção Civil | 2015 |

External Professional Activities

| Period | Employer | Country | Description |
|-------------|---|----------|--|
| 2022 - 2023 | Iscte - Instituto Universitário de Lisboa | Portugal | Skills training for the job market |
| Since 2021 | Institute of Law and Security | Portugal | Support to the Management in the coordination of specialized training courses. |

Teaching Activities

| Teaching Year | Sem. | Course Name | Degree(s) | Coord |
|---------------|------|---------------------------------------|-------------------------------------|-------|
| 2026/2027 | 2º | Public Speaking with Drama Techniques | Institutional Degree in Softskills; | No |
| 2026/2027 | 2º | Competencies for the Labor Market | Institutional Degree in Softskills; | No |
| 2026/2027 | 1º | Public Speaking with Drama Techniques | Institutional Degree in Softskills; | No |
| 2026/2027 | 1º | Competencies for the Labor Market | Institutional Degree in Softskills; | No |
| 2025/2026 | 2º | Public Speaking with Drama Techniques | Institutional Degree in Softskills; | No |
| 2025/2026 | 2º | Competencies for the Labor Market | Institutional Degree in Softskills; | No |
| 2025/2026 | 1º | Public Speaking with Drama Techniques | Institutional Degree in Softskills; | No |
| 2025/2026 | 1º | Competencies for the Labor Market | Institutional Degree in Softskills; | No |
| 2024/2025 | 2º | Public Speaking with Drama Techniques | Institutional Degree in Softskills; | No |

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|-----------|----|---------------------------------------|-------------------------------------|----|
| 2024/2025 | 2º | Competencies for the Labor Market | Institutional Degree in Softskills; | No |
| 2024/2025 | 1º | Public Speaking with Drama Techniques | Institutional Degree in Softskills; | No |
| 2024/2025 | 1º | Competencies for the Labor Market | Institutional Degree in Softskills; | No |
| 2023/2024 | 2º | Professional Presentations | | No |

Publications

• Books and Book Chapters

- Book author

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|---|--|
| 1 | Caldeira, G. M. (2014). Alice quer ser bombeira. Lisboa. |
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• Conferences/Workshops and Talks

- Talk

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|---|--|
| 1 | Caldeira, G. M. (2022). O envelhecimento em Portugal: bem-estar social e condições de vida dos idosos nas regiões do Baixo Vouga e Beira Interior Sul. (IN)SUSTENTABILIDADE. |
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• Other Publications

- Master's Dissertation

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| 1 | Caldeira, G. M. (2020). Representações sociais do voto: comportamentos e atitudes de cidadania e participação eleitoral . 1-59 |
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Awards

Prémio de Excelência Académica (2019)

Organization/Coordination of Events

| Type of Organization/Coordination | Event Title | Organizer | Year |
|---|--|---|-------------|
| Member of scientific event's organizing committee | 1st National Conference on Public Policies for Civil Protection – Civil Protection 2030: Which Path? Responsible for: Media management, content creation, graphic design, and visual identity of the Conference. Design and layout of the Conference book. | CEIPC - Centro de Estudos e Intervenção em Proteção Civil | 2023 - 2024 |

| | | | |
|---|--|-------------------------------------|------|
| Member of scientific event's organizing committee | The Demographic Crisis - A Country in Extinction | Associação Portuguesa de Demografia | 2016 |
|---|--|-------------------------------------|------|

Diffusion Activities

| Activity Type | Event Title | Activity Description | Year |
|---|---|--|------|
| Member of organizing committee of knowledge diffusion event | 1st National Conference on Public Policies for Civil Protection - Civil Protection 2030: What Path? | Media Management, Content Creation, Graphic Design, and Visual Identity of the Conference. Design and layout of the Conference book. | 2024 |