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Gabriela Mata Caldeira

Assistente Convidada

Núcleo de Competências Transversais



Contacts

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Curriculum

PhD candidate in Sociology at Iscte - University Institute of Lisbon, conducting research on the representation of mental health, titled "Managing Uncertainties and New Challenges - Mental Health Represented by University Students." She completed a postgraduate degree in Data Analysis in Social Sciences (Iscte, 2020). Engaged in academic teaching at ISCTE since 2021. Holds both a Master's and Bachelor's degree in Sociology from Iscte. Her work involves data collection and analysis, as well as support in the development of technical and scientific outputs. Over the course of 25 years of professional experience across various fields, she has worked as an employee in different roles. She held management positions in Human Resources and worked as an Executive Secretary, where she refined her skills in planning and organizational management, gaining expertise in business-oriented organizational methodologies. Her main research interests include: social inequalities, health, demography, risk, and ageing.

Research Interests

Social inequalities, health, demographics, risk, and aging

Academic Qualifications

University/Institution	Type	Degree	Period
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ISCTE-Instituto Universitário de Lisboa	PhD	Sociologia	2026
ISCTE-Instituto Universitário de Lisboa	Post-graduation	Pós-Graduação em Análise de Dados em Ciências Sociais	2021
ISCTE-Instituto Universitário de Lisboa	M.Sc.	Sociologia	2020
ISCTE-Instituto Universitário de Lisboa	Licenciante	Sociologia	2018
Faculdade de Direito da Universidade Nova de Lisboa	Other type of qualification	Extensão Universitária em Emergência e Proteção Civil	2015

External Professional Activities

Period	Employer	Country	Description
2022 - 2023	Iscte - Instituto Universitário de Lisboa	Portugal	Skills training for the job market
Since 2021	Institute of Law and Security	Portugal	Support to the Management in the coordination of specialized training courses.

Teaching Activities

Teaching Year	Sem.	Course Name	Degree(s)	Coord
2026/2027	2º	Public Speaking with Drama Techniques	Bachelor Degree in International Studies; Bachelor Degree in Applied Mathematics for Economics and Finance; Bachelor Degree in Economics; Bachelor Degree in Industrial Management and Logistics; Bachelor Degree in Finance and Accounting; Institutional Degree in Softskills; Bachelor Degree in Human Resources Management; Bachelor Degree in Marketing Management; Bachelor Degree in Management; Bachelor Degree in Mathematics Applied and Digital Technologies; Bachelor Degree in Digital Technology and Sustainable Built Environment; Bachelor Degree in Digital Technologies and Information Security; Bachelor Degree in Digital Educational Technologies; Bachelor Degree in Digital Technologies and Health; Bachelor Degree in Software and Applications Development; Bachelor Degree in Digital Technologies and Artificial Intelligence; Bachelor Degree in Digital Technologies and Automation; Bachelor Degree in Digital Technologies and Management; Bachelor Degree in Politics, Economics and Society;	No

2026/2027	2°	Competencies for the Labor Market	Bachelor Degree in Economics; Bachelor Degree in Industrial Management and Logistics; Bachelor Degree in Finance and Accounting; Institutional Degree in Softskills; Bachelor Degree in Human Resources Management; Bachelor Degree in Marketing Management; Bachelor Degree in Management;	No
2026/2027	1°	Public Speaking with Drama Techniques	Bachelor Degree in International Studies; Bachelor Degree in Applied Mathematics for Economics and Finance; Bachelor Degree in Economics; Bachelor Degree in Industrial Management and Logistics; Bachelor Degree in Finance and Accounting; Institutional Degree in Softskills; Bachelor Degree in Human Resources Management; Bachelor Degree in Marketing Management; Bachelor Degree in Management; Bachelor Degree in Mathematics Applied and Digital Technologies; Bachelor Degree in Digital Technology and Sustainable Built Environment; Bachelor Degree in Digital Technologies and Information Security; Bachelor Degree in Digital Educational Technologies; Bachelor Degree in Digital Technologies and Health; Bachelor Degree in Software and Applications Development; Bachelor Degree in Digital Technologies and Artificial Intelligence; Bachelor Degree in Digital Technologies and Automation; Bachelor Degree in Digital Technologies and Management; Bachelor Degree in Politics, Economics and Society;	No
2026/2027	1°	Competencies for the Labor Market	Bachelor Degree in Economics; Bachelor Degree in Industrial Management and Logistics; Bachelor Degree in Finance and Accounting; Institutional Degree in Softskills; Bachelor Degree in Human Resources Management; Bachelor Degree in Marketing Management; Bachelor Degree in Management;	No
2025/2026	2°	Public Speaking with Drama Techniques	Institutional Degree in Softskills;	No
2025/2026	2°	Competencies for the Labor Market	Institutional Degree in Softskills;	No
2025/2026	1°	Public Speaking with Drama Techniques	Institutional Degree in Softskills;	No
2025/2026	1°	Competencies for the Labor Market	Institutional Degree in Softskills;	No
2024/2025	2°	Public Speaking with Drama Techniques	Institutional Degree in Softskills;	No
2024/2025	2°	Competencies for the Labor Market	Institutional Degree in Softskills;	No
2024/2025	1°	Public Speaking with Drama Techniques	Institutional Degree in Softskills;	No

2024/2025	1º	Competencies for the Labor Market	Institutional Degree in Softskills;	No
2023/2024	2º	Professional Presentations		No

Publications

• Books and Book Chapters

- Book author

1	Caldeira, G. M. (2014). Alice quer ser bombeira. Lisboa.
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• Conferences/Workshops and Talks

- Talk

1	Caldeira, G. M. (2022). O envelhecimento em Portugal: bem-estar social e condições de vida dos idosos nas regiões do Baixo Vouga e Beira Interior Sul. (IN)SUSTENTABILIDADE.
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• Other Publications

- Master's Dissertation

1	Caldeira, G. M. (2020). Representações sociais do voto: comportamentos e atitudes de cidadania e participação eleitoral . 1-59
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Awards

Prémio de Excelência Académica (2019)

Organization/Coordination of Events

Type of Organization/Coordination	Event Title	Organizer	Year
Member of scientific event's organizing committee	1st National Conference on Public Policies for Civil Protection – Civil Protection 2030: Which Path? Responsible for: Media management, content creation, graphic design, and visual identity of the Conference. Design and layout of the Conference book.	CEIPC - Centro de Estudos e Intervenção em Proteção Civil	2023 - 2024
Member of scientific event's organizing committee	The Demographic Crisis - A Country in Extinction	Associação Portuguesa de Demografia	2016

Diffusion Activities

Activity Type	Event Title	Activity Description	Year
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Member of organizing committee of knowledge diffusion event	1st National Conference on Public Policies for Civil Protection - Civil Protection 2030: What Path?	Media Management, Content Creation, Graphic Design, and Visual Identity of the Conference. Design and layout of the Conference book.	2024
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