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Jaclin Freire



Research Interests

Religion, Spirituality, Multiculturalism, Psychology, Mental Health

Academic Qualifications

University/Institution	Type	Degree	Period
ISCTE - Instituto Universitário de Lisboa	PhD	Psicologia	2018
University of Beira Interior	Integrated M.Sc.	Clinical and Health Psychology	2008
University of Beira Interior	Licenciante	Clinical and Health Psychology	2007

Supervisions

• M.Sc. Dissertations

- Concluded

	Student Name	Title/Topic	Language	Institution	Concluding Year
1	Alexandra Somos	The impact of religious coping and resilience on psychological well-being among international students in Hungary	English	Iscte	2020

Total Citations

Web of Science®	61
Scopus	51

Publications

• Scientific Journals

- Scientific journal paper

1	Freire, J., Moleiro, C., Rosmarin, D. H. & Freire, M. (2019). A call for collaboration: perception of religious and spiritual leaders on mental health (a Portuguese sample). <i>Journal of Spirituality in Mental Health</i>. 21 (1), 55-75 - Times Cited Web of Science®: 5 - Times Cited Scopus: 3 - Times Cited Google Scholar: 13
2	Moleiro, C., Freire, J., Pinto, N. & Roberto, S. (2018). Integrating diversity into therapy processes: the role of individual and cultural diversity competences in promoting equality of care. <i>Counselling and Psychotherapy Research</i>. 18 (2), 190-198 - Times Cited Web of Science®: 15 - Times Cited Scopus: 9 - Times Cited Google Scholar: 36
3	Freire, J., Moleiro, C. & Rosmarin, D. H. (2016). Calling for awareness and knowledge: perspectives on religiosity, spirituality and mental health in a religious sample from Portugal (a mixed-methods study). <i>Open Theology</i>. 2 (1), 681-699 - Times Cited Web of Science®: 8 - Times Cited Scopus: 10 - Times Cited Google Scholar: 20
4	Roberto, S., Moleiro, C., Ramos, N. & Freire, J. (2016). 'The place i long to be': Resilience processes in migrants. <i>Psicologia</i>. 30 (2), 47-60 - Times Cited Web of Science®: 1 - Times Cited Scopus: 2 - Times Cited Google Scholar: 3
5	Freire, J. & Moleiro, C. (2015). Religiosity, spirituality, and mental health in Portugal: a call for a conceptualisation, relationship, and guidelines for integration (a theoretical review). <i>Psicologia</i>. 29 (2), 17-32 - Times Cited Web of Science®: 10 - Times Cited Google Scholar: 15
6	Moleiro, C., Freire, J., Pinto, N. & Roberto, S. (2014). Cultural and individual diversity in mental health services: defining and assessing clinical competences. <i>Transcultural</i>. 6 (1), 101-111 - Times Cited Google Scholar: 5

7	Moleiro, C., Freire, J. & Tomsic, M. (2013). Immigrants' perspectives on clinician cultural diversity competence: a qualitative study with immigrants in Portugal. <i>International Journal of Migration, Health and Social Care</i>. 9 (2), 84-95 - Times Cited Web of Science®: 4 - Times Cited Scopus: 8 - Times Cited Google Scholar: 2
8	Moleiro, C., Pinto, N & Freire, J (2013). Effects of age on spiritual well-being and homonegativity: religious identity and practices among LGB persons in Portugal. <i>Journal of Religion, Spirituality and Aging</i>. 25 (2), 93-111 - Times Cited Web of Science®: 18 - Times Cited Scopus: 19 - Times Cited Google Scholar: 38

• Books and Book Chapters

- Book author

1	Moleiro, C., Roberto, S., Freire, J., Ramos, N., Patrícia M. Pascoal, Mourão, S....Alarcão, V. (2025). <i>Saúde em Equidade: Manual de casos clínicos para profissionais de saúde em contextos de diversidade cultural</i>. Lisboa.
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- Book editor

1	Moleiro, C. & Freire, J. (2014). <i>Revista Transcultural: número temático Health for All (H4A)</i>. Lisboa. Sílabo.
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- Book chapter

1	Freire, J. & Moleiro, C. (2018). Religious and Spiritual Competency of Mental Health Professionals in Psychological Care: Meeting Clients' Needs. In A. Thomas (Ed.), <i>Culture and Ethnic Diversity: How European Psychologists Can Meet the Challenges.</i>: Hogrefe Publishing. - Times Cited Google Scholar: 2
2	Freire, J. (2017). Religious and Spiritual Competency of Mental Health Professionals in Psychological Care: Meeting Clients' Needs. In <i>Culture and Ethnic Diversity: How European Psychologists Can Meet the Challenges</i>.
3	Freire, J., Moleiro, C., Pinto, N., Roberto, S., Gonçalves, M., Farcas, D....Pereira, C. (2010). Avaliação de Competências para a Diversidade Individual e Cultural: Desenvolvimento de uma medida comportamental para profissionais de saúde mental. In F. Cruz & J. Ribeiro (Ed.), <i>Migrações e Interculturalidade</i>. (pp. 241-263). Porto: AGIR Associação para a Investigação e Desenvolvimento Sócio-cultural/SOS Racismo. - Times Cited Google Scholar: 5

• Other Publications

- Non-peer-reviewed papers

1	Moleiro, C., Freire, J., Farcas, D., Pinto, N., Roberto, S., Pereira, C....Gonçalves, M. (2010). Avaliação de Competências para a Diversidade Individual e Cultural: Desenvolvimento de uma medida comportamental para profissionais de saúde mental. <i>Actas do II Congresso Internacional sobre Migrações</i>.
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• Conferences/Workshops and Talks

- Talk

1	Freire, J., Moleiro, C. & Rosmarin, D. H. (2017). The attitudes, beliefs and spiritual competences among Portuguese mental health professionals: a multistage mixed-methods design. International Association for the Psychology of Religion Conference (IAPR).
2	Moleiro, C. & Freire, J. (2017). How European Psychologists Can Meet the Challenges of Ethnic and Religious Diversity: Ethical Guidelines, Sensitive Competences and Practices with MGF. 15th European Congress of Psychology.
3	Freire, J., Moleiro, C. & Rosmarin, D. H. (2016). Meeting the needs: Attitudes and Beliefs among Portuguese Mental Health Professionals about Addressing Religious and Spiritual Issues in Psychotherapy. 11º Congresso Nacional de Psicologia da Saúde.
4	Freire, J., Moleiro, C. & Rosmarin, D. H. (2016). Attitudes, Beliefs and Competences among Portuguese Mental Health Professionals about addressing Religious and Spiritual issues in Psychotherapy (a quantitative study). 5th European Conference on Religion, Spirituality and Health.
5	Freire, J. & Moleiro, C. (2015). Mental Health, Religiosity and Spirituality: Towards integration and development of spiritual/religious (S/R) competencies for Mental Health Professionals (MHP). Vienna international congress on science and/or religion: a 21st century debate, held at Sigmund Freud University.
6	Freire, J. & Moleiro, C. (2014). Mental Health, Religiosity and Spirituality: Towards integration and development of religious/spiritual competencies for Mental Health Professionals. 22nd International Congress of Cross-Cultural Psychology.
7	Freire, J. & Moleiro, C. (2013). Clients' Perceptions of Religious Competencies for Mental Health Professionals (MHP): A Qualitative Study with Religious Groups in Portugal. 3rd Global Conference Spirituality in the 21st Century: At the Interface of Theory, Praxis and Pedagogy.
8	Moleiro, C., Pinto, N & Freire, J (2013). Age, spiritual well-being and homonegativity: Religious identity and practices among LGB persons in Portugal. 1st International Conference on LGBT Psychology and related fields.
9	Freire, J & Moleiro, C. (2013). A Qualitative Study on Clients' Perceptions of Religious Competencies for Mental Health Professionals. 13th European Congress of Psychology.
10	Moleiro, C., Freire, J., Rocha, S. & Pinto, N. (2012). Cultural Diversity Competencies among Clinicians: Assessment strategies and their implications for training and clinical practice. 3rd World Congress of Cultural Psychiatry ?Mental capital, mental disorders, resilience and wellbeing through the life-course?.
11	Moleiro, C. & Freire, J. (2012). Individual and Cultural Diversity Competences: How do psychotherapists integrate diversity into clinical conceptualization of the clients, the relationship and treatment?. Society for Psychotherapy Research (European and UK Chapters).
12	Moleiro, C. & Freire, J. (2012). Individual and Cultural Diversity Competences: How do psychotherapists integrate diversity into clinical conceptualization of the clients, the relationship and treatment? . 2nd Conference of Applied Interculturality Research.
13	Freire, J. & Moleiro, C. (2012). Meeting the needs: clients' perceptions of religious competencies for Mental Health Professionals in Portugal. 3rd World Congress of Cultural Psychiatry.

14	Freire, J. & Moleiro, C. (2012). Meeting the needs: Clients' perceptions of religious competencies for Mental Health Professionals in Portugal. 3rd World Congress of Cultural Psychiatry ?Mental capital, mental disorders, resilience and wellbeing through the life-course?.,.
15	Freire, J. & Moleiro, C. (2011). Individual and Cultural Diversity Competencies: A behavioral analogue measure for mental health clinicians. Community Development International Conference.
16	Moleiro, C., Freire, J., Pinto, N., Roberto, S., Farcas, D. & Gonçalves, M. (2011). Individual and cultural diversity competencies for Mental Health Professionals. 12th European Congress of Psychology.
17	Freire, J. & Moleiro, C. (2011). Individual and Cultural Diversity Competencies: A behavioural analogue measure for mental health clinicians. 12th European Congress of Psychology.
18	Freire, J., Moleiro, C., Farcas, D., Pinto, N., Roberto, S. & Gonçalves, M. (2010). Avaliação de Competências para a Diversidade Individual e Cultural: Desenvolvimento de uma medida comportamental para profissionais de saúde mental. 2ndCongresso Internacional sobre Migrações.
19	Moleiro, C., Pinto, N., Roberto, S., Pereira, C., Farcas, D. & Freire, J. (2010). Multicultural competencies identified by immigrants: Contributions of client-centered research. 3rd Conference on Migrant and Ethnic Minority Health in Europe.
20	Moleiro, C., Freire, J. & Pinto, N. (2010). Individual and Cultural Diversity Competencies for Mental Health Professionals. International Conference on "Intercultural aspects of mental disorders.
21	Moleiro, C., Pinto, N., Roberto, S., Farcas, D. & Freire, J. (2010). Improving provision of effective treatment for LGB persons: Client perceptions of diversity competency for psychotherapists. 10th Congress of the European Federation of Sexology.
22	Freire, J., Pinto, N., Farcas, D., Roberto, S., Gonçalves, M. & Moleiro, C. (2010). Development of a behavioral analogue measure of individual and cultural competencies for clinicians. 3rd Conference on Migrant and Ethnic Minority Health in Europe.
23	Freire, J., Moleiro, C., Pinto, N. & Roberto, S. (2010). Saúde psicológica na diversidade: O encontro das necessidades dos clientes e das competências para a diversidade individual e cultural dos clínicos. 3rd Congresso Nacional de Educação para a Saúde: "Educação para a Saúde, Cidadania e Desenvolvimento Sustentado".
24	Freire, J., Roberto, S., Moleiro, C., Farcas, D., Pinto, N., Pereira, C....Gonçalves, M. (2010). Processos de resiliência nas populações imigrantes africanas e brasileiras em Portugal. 2ndCongresso Internacional sobre Migrações.
25	Freire, J. & Moleiro, C. (2010). Physical and Psychological Health Care Services in Portugal: The access and experiences of religious minority members (A qualitative study). International Conference of Religions and Migrations: Local Diversity and Global Challenges, Religions and Migrations in Southern Europe.
26	Freire, J. & Moleiro, C. (2010). Serviços de Saúde em Portugal: o acesso e as experiências dos membros de minorias religiosas (um estudo qualitativo). Symposium nº 10: Saúde psicológica na diversidade . 3rd Congresso Nacional de Educação para a Saúde: Educação para a Saúde, Cidadania e Desenvolvimento Sustentado .
27	Freire, J., Lopes, Martina & Pereira, Henrique (2006). Qualidade de Vida e Suporte Social em indivíduos institucionalizados e não institucionalizados da cidade da Covilhã – Estudo Comparativo". 6th Congresso Nacional de Psicologia da Saúde: "Saúde, Bem-Estar e Qualidade de Vida".

