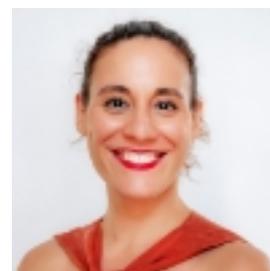


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## Joana Pereira de Sousa



### Academic Qualifications

University/Institution	Type	Degree	Period
Faculdade de Psicologia e de Ciências da Educação da Universidade de Coimbra	Integrated M.Sc.	Psicologia Clínica	2010

### Publications

#### • Scientific Journals

##### - Scientific journal paper

1	Gilbert, P., Catarino, F., Sousa, J., Ceresatto, L., Moore, R. & Basran, J. (2017). Measuring competitive self-focus perspective taking, submissive compassion and compassion goals. <i>Journal of Compassionate Health Care</i> . 4
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#### • Conferences/Workshops and Talks

##### - Talk

1	Catarino, F., Sousa, J. P. & Gilbert, P. (2013). Submissive compassion: How caring for others to be liked, valued and avoid rejection is associated with shame, self-criticism, depression, anxiety, stress and empathy. 2nd International Conference on Compassion and Focused Therapy.
2	Sousa, J. P. (2011). Perturbações alimentares: Obesidade, bulimia e anorexia nervosa. Escolas Básicas 2.3. Prof. Mendes Ferrão & n°2 de Arganil.

## • Other Publications

### - Other publications

1	Bobrowicz-Campos, E., Fernandes, C. J., Sousa, J. P., Camilo, C., Pegado, E. & Medeiros, A. (2025). Intentions and behaviours of using digital health technology by older adults: collaborative research. Data Management Plan (Versão 2). Plataforma Zenodo.
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## Academic Management Positions

Secretário(a) (2015 - 2018)  
Unit/Area: School of Social Sciences