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Julio Sa Rego

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Contacts

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Research Interests

Traditional pastoralism

Ecosystem restoration

Climate change

Wildfire prevention

Rural revitalization

Intangible cultural heritage

Sustainable development

Academic Qualifications

University/Institution	Type	Degree	Period
ISCTE-Instituto Universitario de Lisboa	PhD	Antropologia	2021

Centre d'Etudes Diplomatiques et Stratégiques	Post-graduation	Advanced international relations	2009
Université Paris 1 Panthéon-Sorbonne	M.Sc.	History of economic thought	2005
Université Paris 2 Panthéon-Assas	Licenciate	International economics	2004

Total Citations

Web of Science®	16
Scopus	15

Publications

• Scientific Journals

- Scientific journal paper

1	<p>Sa Rego, J., Cabo, P. & Castro, M. (2022). Pastoralism, multifunctionality, and environmental agency: Insights from mountain sheep pastoralists in Northern Portugal. <i>Journal of Agrarian Change</i>. 22 (4), 766-786</p> <ul style="list-style-type: none"> - Times Cited Web of Science®: 9 - Times Cited Scopus: 7 - Times Cited Google Scholar: 16
2	<p>Sa-Rego, J. & Corradi, A. A. (2018). ICH and Frugal Innovation: a Contribution to Development through the Framework of the 2003 Convention. <i>International Journal of Intangible Heritage</i>. 13, 173-187</p> <ul style="list-style-type: none"> - Times Cited Web of Science®: 7 - Times Cited Scopus: 8 - Times Cited Google Scholar: 11

- Editorial

1	<p>Sa Rego, J. & Ragkos, A. (2024). Introduction to special section. <i>Nomadic Peoples</i>. 28 (2), 177-188</p> <ul style="list-style-type: none"> - Times Cited Google Scholar: 1
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• Books and Book Chapters

- Book author

1	<p>Brum, Ioan Sebastian, Baskerville, Ioana, Sa Rego, J., Haller, Alina, Creanga, D., Brezeanu, C....Ambarus, S. (2025). De unde vin legumele lipovenesti?. Iasi. TERRA NOSTRA.</p>
2	<p>Sa Rego, J. (2023). <i>O criado do pastor: uma caminhada pelas serras do Norte</i>. Lisboa. Ed. Colibri.</p> <ul style="list-style-type: none"> - Times Cited Google Scholar: 2
3	<p>Sa-Rego, J. (2020). <i>Voyage de mes frères Theodore et Alexandre: Une discussion sur la théorie de la rationalité paysanne</i>. E.U.E.</p>

• Conferences/Workshops and Talks

- Publication in conference proceedings

1	Baskerville, Ioana & Sa Rego, J. (2025). From ritual behavior to agroecological sustainability. Movement as a purification method for animal and landscape welfare in mobile pastoralism. In Chantal Bisschop, Laura Danckaert, Susanne Bergwerff, Jet Bakels (Ed.), Workshop on Living Heritage, ecological sustainability and climate action. (pp. 31-35). Leuven
2	Pinto, R. A., Castro, M., Torres-Manso, F. & Rego, J. S. (2021). A pastorícia em territórios de montanha em Portugal: Tradição com futuro?. In Rivera, J., Colcombet, L., Santos-Gally, R., Murgueitio, E., Díaz, M., Mauricio, R. M., Peri, P., and Chará, J. (Ed.), Sistemas silvopastoriles: Ganadería sostenible con arraigo e innovación. (pp. 627-641). México: CIPAV. - Times Cited Google Scholar: 5
3	Rêgo, J. S. & Castro, M. (2019). Preservação vs. utilização do território: Nova utilidade social do pastor e o acesso às terras de pastagens. In Orlando Simões (Ed.), Paisagens culturais: heranças e desafios no território. Atas do VIII Congresso de Estudos Rurais & VIII Encontro Rural RePort. (pp. 224-337). Ponte de Lima e Sistelo: SPER – Sociedade Portuguesa de Estudos Rurais. - Times Cited Google Scholar: 4

- Talk

1	Sa Rego, J. & Volanska, L (2025). Writing living heritage? Uses and misuses of transforming cultural practices into cultural texts. SIEF2025: Unwriting.
2	Monaci, Sa Rego, J. & Amoedo, Diego (2025). Creating heritage in the mining-impacted Barroso region (Portugal): a tool for subaltern environmental resistance?. SIEF2025: Unwriting.
3	Sa Rego, J. (2023). Mountain Transhumance, Pastoralism and Rangeland Governance. Summer Field School (Hybrid) on Mountain Ecosystems & Resource Management.
4	Amoedo, Diego & Sa Rego, J. (2023). (Re)conhecimento(s) dos mundos rurais camponeses contemporâneos: experiências, desafios e oportunidades. XVI Congresso Internacional de Antropologia ASAE 2023.
5	Sa Rego, J., Saraiva, P., Dzinduwa, K. & Folowara, A. (2022). PCI, conhecimentos tradicionais e natureza: uma relação simbiótica para as comunidades rurais. VIII Congresso da Associação Portuguesa de Antropologia.
6	Sa-Rego, J. & Castro, M. (2019). Preservação vs. utilização do território – A nova utilidade social do pastor e o acesso às terras de pastagens. Congresso de Estudos Rurais.

• Other Publications

- Recensions in journals

1	Sa Rego, J. (2022). Book review of Grazing Communities: Pastoralism on the Move and Biocultural Heritage Frictions edited by Letizia Bindi. Pastoralism: Research, Policy and Practice. 12 (39)
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- Doctoral Thesis

1	Sa Rego, J. (2021). "De sol a sol": dois estudos pastoris de prevenção de incêndios rurais. - Times Cited Google Scholar: 4
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Awards

XXVI Social Sciences Vicente Risco Prize. Honourable Mention for the manuscript [translated title from Portuguese] "The Shepherd's Servant: Lessons from the Invisible Mountains of Northern Portugal in the Era of the Anthropocene Fires". Spain. 2022. (2022)

Professional Associations

Portuguese Society of Rural Studies (--)

Diffusion Activities

Activity Type	Event Title	Activity Description	Year
Talk/Conference in public diffusion event	Launch of the book "O Criado do Pastor"	Launch of the book "O Criado do Pastor" at the Lisbon Book Fair, with guests Fernando Mão de Ferro, from Colibri editions, and Ana Saraiva, from CRIA.	2023
Talk/Conference in public diffusion event	Questions to the Intangible Cultural Heritage	Round table organized by the DGPC for the Portugal Imaterial, celebration of the 20th anniversary of the UNESCO 2003 Convention.	2023
Talk/Conference in public diffusion event	OPENTOPREVERSERVE REGIONAL WORKSHOP NORTHERN PORTUGAL		2021
Talk/Conference in public diffusion event	Seminar 'World Agricultural Heritage, Farmers' Knowledge and Agricultural Practices'. Centro de Estudos Rurais-CERES / UNICAMP		2021
Coordination of knowledge diffusion event	Short course on intangible cultural heritage		2020
Coordination of knowledge diffusion event	V Coffee with Anthropology - Communities, local knowledge and sustainability: controversial relationships?		2019
Talk/Conference in public diffusion event	VI Coffee with Anthropology - Humans and non-human animals in rural areas: new practices, images and relationships		2019