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Khaoula Ennahli

PhD Scholar

CIS-Iscte - Centre for Psychological Research and Social Intervention (ECSH)
[Behaviour Emotion and Cognition]



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Curriculum

I hold a bachelor's degree in Portuguese Studies and a master's degree in Cognitive Science. During my bachelor's degree, I researched how different cultures and groups conceive abstract domains like time. For my master's degree, I conducted a neuropsychological and linguistic research study on proper names and common nouns dissociation in linguistic processing and memory retrieval. During this time, I was also a research intern in a project examining the role of the hippocampus in memory retrieval in Alzheimer's disease and Autism Spectrum Disorder. Furthermore, I was also a volunteer trainee in a project on Adaptive Memory. During my research training, I used a combination of techniques (i.e., Electroencephalography (EEG), Electrodermal activity (EDA), Electromyography (EMG), and Electrocardiogram (ECG). As scientific products, I co-authored presentations at international and national conferences and co-authored a scientific article on 'Neural signatures of naming retrieval' that is submitted for publication. Recently, I have been particularly drawn to the intersection of creative cognition, memory, and healthy aging. To conduct my Ph.D in ISCTE, I am honored to have been offered the prestigious La Caixa Doctoral INPhINIT Fellowship from "la Caixa" Foundation (ID 100010434). The fellowship code is LCF/BQ/DR23/12000037 ". My Ph.D project focuses on comparing the effectiveness of creativity-based and standard cognitive-based strategies in enhancing declarative memories in older adults. I have a passion for visual arts, particularly painting. This personal interest is not only fulfilling in itself, but it also has a valuable connection to my professional interests in the psychology of creative cognition and the complex interplay between cognition, memory, and creativity. Currently, I am responsible for several research activities. Namely, mentoring of students with different expertise levels, I support EEG and behavioral data collection and analysis, mentor and train an undergraduate student in Systematic Review and Meta-analysis. At this moment, I am actively participating in 4 research projects (1 behavioral study (data collection phase), 2 systematic reviews and meta-analysis (screening phase), 1 EEG study (write-up stage).

Research Interests
Neuropsychology
Creativity
Aging Experimental Psychology
Psychology and Neuropsychology of Arts
Memory

Academic Qualifications			
University/Institution	Type	Degree	Period
ISCTE-Instituto Universitário de Lisboa	PhD	Psychology	2026
Universidade de Lisboa Faculdade de Psicologia	Post-graduation	Systematic Review and Meta-Analysis	2023
Universidade de Lisboa	M.Sc.	Cognitive Science	2022
Université Mohammed V de Rabat	Bachelor of Science	Portuguese studies	2019

Publications

• Other Publications

- Non-peer-reviewed papers

1	Souza, Cristiane, Carmo, Joana, Ennahli, K. & Garrido, Margarida V. (2023). Neural Signatures of naming retrieval: Theta and Alpha oscillation dynamics for objects, people, and places. Brain & Cognition.
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- Other publications

1	Ennahli, K. (2023). ERP-based categorical differences during naming retrieval: contrasting objects, people, and places. Journal article (in preparation).
2	Ennahli, K., Souza, Cristiane & Garrido, Margarida V. (2023). Effects of Creativity-Based versus Standard-Based Activities on Declarative Memory and Well-Being Outcomes in Older Adults: A Meta-Analysis. Journal article (in preparation).
3	Ennahli, K., Souza, Cristiane & Garrido, Margarida V. (2023). Representation of time in an Amazigh Monolingual Community. Journal article (in preparation).

- Master's Dissertation

1	Ennahli, K. (2022). Proper Names and Common Nouns Dissociation: Exploring Differences in Linguistic Processing and Memory Retrieval.
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Professional Associations

Estudios Ibéricos e Iberoamericanos, AMEII, Casablanca, Morocco. (Since 2019)