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Liliana Dias

Professora Auxiliar Convidada

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Contacts

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Curriculum

With more than 20 years' experience in promoting psychological health and organisational well-being. With a double Master's degree in Clinical and Health Psychology (FP UL) and Human Resources Management (ISCTE-IUL) and holds an Advanced Speciality in Occupational Health Psychology from the OPP. Currently Managing Partner of Bound.Health, a member of the OPP's National Executive Board and Executive Board Director of the EAEF - Employee Assistance European Forum.
<https://www.linkedin.com/in/lilianadias/>

Academic Qualifications

University/Institution	Type	Degree	Period
Universidade Nova de Lisboa - Instituto Superior de Estatística e Gestão de Informação	Post-graduation	Information Management and Business Intelligence in Healthcare	2022
ISCTE-Instituto Universitário de Lisboa	M.Sc.	Gestão de Recursos Humanos	2009
Universidade de Lisboa	M.Sc.	Psicologia Clínica e da Saúde	2003

Teaching Activities

Teaching Year	Sem.	Course Name	Degree(s)	Coord.
2025/2026	1º	Organizational Happiness, Well-Being and Humanization	Post Graduation Program in People Management and Leadership;	Yes
2025/2026	1º	Healthy Organizational Cultures	Master Degree in Human Resource Management and Organizational Consultancy;	No
2024/2025	1º	Healthy Organizations		No
2023/2024	1º	Healthy Organizations		No

Total Citations

Web of Science®	1
Scopus	1

Publications

• Scientific Journals

- Scientific journal paper

1	<p>Dias, L., Eertmans, A., Van den Brande, I., Handaja, Y., Taeymans, S. & Vansteenkiste, D. (2015). Using an Interactive Self-Assessment Tool to strengthen your employee assistance service. <i>Journal of Workplace Behavioral Health</i>. 30 (1-2), 46-65</p> <ul style="list-style-type: none"> - Times Cited Web of Science®: 1 - Times Cited Scopus: 1
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