

Warning: [2026-02-06 20:52] this document is a print-out of the Ciência-iul web portal and was automatically generated at the labeled date. The document has a mere informational purpose and represents the information contained on Ciência_Iscte at that date.

Liliana Dias

Professora Auxiliar Convidada

Department of Human Resources and Organizational Behavior (IBS)



Contacts

E-mail	Liliana.Dias@iscte-iul.pt
Office	D4.06

Curriculum

With more than 20 years' experience in promoting psychological health and organisational well-being. With a double Master's degree in Clinical and Health Psychology (FP UL) and Human Resources Management (ISCTE-IUL) and holds an Advanced Speciality in Occupational Health Psychology from the OPP. Currently Managing Partner of Bound.Health, a member of the OPP's National Executive Board and Executive Board Director of the EAEF - Employee Assistance European Forum.
<https://www.linkedin.com/in/lilianadias/>

Academic Qualifications

University/Institution	Type	Degree	Period
Universidade Nova de Lisboa - Instituto Superior de Estatística e Gestão de Informação	Post-graduation	Information Management and Business Intelligence in Healthcare	2022
ISCTE-Instituto Universitario de Lisboa	M.Sc.	Gestão de Recursos Humanos	2009
Universidade de Lisboa	M.Sc.	Psicologia Clínica e da Saúde	2003

Teaching Activities

Teaching Year	Sem.	Course Name	Degree(s)	Coord
2025/2026	1°	Organizational Happiness, Well-Being and Humanization	Post Graduation Program in People Management and Leadership;	Yes
2025/2026	1°	Healthy Organizational Cultures	Master Degree in Human Resource Management and Organizational Consultancy;	No
2024/2025	1°	Healthy Organizations		No
2023/2024	1°	Healthy Organizations		No

Total Citations	
Web of Science®	1
Scopus	1

Publications

• Scientific Journals

- Scientific journal paper

1	<p>Dias, L., Eertmans, A., Van den Brande, I., Handaja, Y., Taeymans, S. & Vansteenwegen, D. (2015). Using an Interactive Self-Assessment Tool to strengthen your employee assistance service. Journal of Workplace Behavioral Health. 30 (1-2), 46-65</p> <p>- Times Cited Web of Science®: 1</p> <p>- Times Cited Scopus: 1</p>
---	---