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Augusta Gaspar

Research Interests

Psychology of emotions

BioPsychology

Academic Qualifications

University/Institution	Type	Degree	Period
Universidade Nova de Lisboa	PhD	Antropologia, especialidade Antropobiologia	2002
Instituto Superior de Psicologia Aplicada	M.Sc.	Mestrado em Etologia	1996
Instituto Superior de Psicologia Aplicada	Licenciante	Psicologia, área de Psicologia Educacional	1992

Supervisions

• Ph.D. Thesis

- Ongoing

	Student Name	Title/Topic	Language	Status	Institution
1	Ana Luísa Emauz Leite Ribeiro	--	English	Developing	Iscte
2	Sofia Miguel Nunes Petisca	--	Portuguese	Developing	Iscte
3	Silvia Maria Gomes Rocha	--	English	Developing	Iscte

- Concluded

	Student Name	Title/Topic	Language	Institution	Concluding Year
1	Ana Luisa Van Der Elst Emauz Leite Ribeiro	Is Empathy Consistent Across Species? Exploring Factors That May Explain Convergence/Divergence	--	Iscte	2017

• M.Sc. Dissertations

- Concluded

	Student Name	Title/Topic	Language	Institution	Concluding Year
1	Luiza de Sá Dantas Guimarães	FACTORS THAT TRIGGER AND FACILITATE A VEGETARIAN DIET - ROLE OF EMPATHY, RELIGION, THE MEDIA AND SOCIAL NETWORKS	Portuguese	Iscte	2019
2	Virginia Maria Ramos Pedro	To What extent does empathy in leadership effect employee wellbeing?	English	Iscte	2019
3	Patricia José Correia Raposinho	Sentimento de Vazio - Estudo exploratório	Portuguese	Iscte	2015
4	Patrícia Isabel dos Reis Matias Baptista	Vinculação e Expressão Facial de Emoções em jovens numa população clínica	Portuguese	Iscte	2012
5	Maria Madalena Duarte Valente	Empatia e agressividade na adolescência e sucesso escolar	Portuguese	Iscte	2012
6	Filipa Maria de Sousa Gonçalves Barata	Vinculação e Expressão Facial de Emoções em Crianças	Portuguese	Iscte	2012
7	Mariana de Ascensão Henriques	The Role of Individual Differences in Shame-Induced Behavior: a Review of the Literature and Investigation of the Contribution of Attachment Individual Differences in Predicting Prosocial Behavior Following Shame	English	Iscte	2012

Total Citations

Web of Science®	60
Scopus	32

Publications

• Scientific Journals

- Scientific journal paper

1	Galinha, I. C., Carvalho, J. L. da C. S. de., Oliveira, A. C. P. de., Arriaga, P., Gaspar, A. D., Silva, H. P. ...Ortega, V. (2025). MindRegulation-SEL: Randomized controlled trial of the effects of a relaxation and guided imagery intervention with socioemotional learning on the psychological and biophysiological well-being, socioemotional development, cognitive function and academic achievement of elementary school children. <i>Trials</i> . 26 (1)
2	Ribeiro, A., Gaspar, A., Esteves, F. & Carvalhosa, S. F. (2016). Adaptação da Escala de Empatia com Animais (EEA) para a população portuguesa. <i>Análise Psicológica</i> . 34 (2), 189-201 - Times Cited Web of Science®: 16 - Times Cited Scopus: 12
3	Gaspar, A. (2014). Neurobiologia e psicologia da empatia: pontos de partida para a investigação e intervenção da promoção da empatia. <i>Povos e Culturas</i> . 18, 159-174
4	Gaspar, A. & Esteves, F. (2012). Preschooler's faces in spontaneous emotional contexts-how well do they match adult facial expression prototypes?. <i>International Journal of Behavioral Development</i> . 36 (5), 348-357 - Times Cited Web of Science®: 12 - Times Cited Scopus: 12
5	Gaspar, A. (2012). The expressive apes and the emotional apes: current fair trends in primatology (Editorial). <i>Journal of Primatology</i> . 1
6	Esteves, F., Arriaga, P. & Gaspar, A. (2010). Introduction - moving emotion forward: from the ubiquity of emotion in mental processes to rewinding its origins. <i>Psicologia</i> . 24 (2), 11-16
7	Esteves, F., Gaspar, A. & Arriaga, P. (2008). Introduction: one hundred year old questions, novel paradigms and new findings on emotion. <i>Psicologia</i> . 22 (2), 5-10

• Books and Book Chapters

- Book author

1	Gaspar, A. (2016). <i>Morality and Emotion: (Un)conscious Journey into Being</i> . - Times Cited Scopus: 4
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- Book chapter

1	Gaspar, A. (2018). Expressive Avatars in Psychological Intervention and Therapy. In Interface Support for Creativity, Productivity, and Expression in Computer Graphics. - Times Cited Scopus: 2
2	Gaspar, A. (2014). Atenção: a boa disposição ajuda a (con)viver. Capítulo 2, In Pina, J.A. Comunicar com Humor. Insensatez ou Profissionalismo?. In João Aragão Pina (Ed.), Comunicar com Humor. Insensatez ou Profissionalismo?. (pp. 35-53). Lisboa: Pactor – Edições de Ciências Sociais, Forenses e da Educação.
3	Gaspar, Maria Augusta Duarte Gaspar, Esteves, Francisco Gomes & Arriaga, Patricia Paula Lourenço (2014). On prototypical facial expressions vs variation in facial behavior: What Have We Learned on the “Visibility” of Emotions from Measuring Facial Actions in Humans and Apes. In M. Pina and N. Gontier (Ed.), The Evolution of Social Communication in Primates: A Multidisciplinary Approach. (pp. 101-126). New York: Springer International Publishing. - Times Cited Web of Science®: 17 - Times Cited Google Scholar: 33
4	Bard, K.A., Gaspar, A.D. & Vick, S-J. (2011). Chimpanzee Faces Under the Magnifying Glass: Emerging Methods Reveal Cross-Species Similarities and Individuality. In Alex Weiss, James King and Lindsay Murray (Ed.), Personality and Temperament in Non-human Primates. (pp. 193-231). New York: Springer.
5	Arriaga, Patrícia, Esteves, F. & Gaspar, M. (2011). Playing with violence: An updated review on the effects of playing violent electronic games. In M. M. Cruz-Cunha, V. H. Carvalho, & P. Tavares (Ed.), Business, Technological and Social Dimensions of Computer Games: Multidisciplinary Developments. (pp. 271-292). Hershey, PA: IGI Global. - Times Cited Scopus: 2 - Times Cited Google Scholar: 8

• Conferences/Workshops and Talks

- Publication in conference proceedings

1	Cáudio, AP, Gaspar, A., Lopes, E & Carmo, MB (2014). Virtual Characters with Affective Facial Behavior. In proceeding of: GRAPP 2014- International Conference on Computer Graphics Theory and Applications,. Lisboa
2	Teixeira, R.D., Cáudio, AP, Carmo, M. B. & Gaspar, A. (2014). Personagens Virtuais Expressivas. In Actas do Encontro Português de Computação Gráfica, EPCG 2014. (pp. 11-18).
3	Gomes, I.L., Cáudio, AP, Gaspar, A. & Carmo, M. B. (2014). IN2TUNNEL – Terapia de Exposição para Fobia de Atravessar Túneis. In Actas do Encontro Português de Computação Gráfica, EPCG 2014.
4	Ribeiro, A, Gaspar, A., Esteves, F. & Rocha, S (2013). Empathy towards humans and other animals: not all non-humans fare the same. In proceeding of: The 13th European Congress of Psychology, At Stockholm, Sweden.
5	Lopes, E., Cáudio, AP, Carmo, MB & Gaspar, A. (2013). Personagens Virtuais na Terapia de Exposição. In Proceeding of: Interação 2013, Vila Real, Portugal.
6	Ribeiro, A., Gaspar, A., Rocha, S., Llorente, M. & Feliu, O. (2012). Chimpanzee Facial Actions in Two Emotional Contexts: Emotional Induction Experiments at the Great Outdoors of the Mona Foundation. In C.Casanova, C. Sousa & F. Palaéz (Ed.), 4th Congress of the European Federation for Primatology 3rd Iberian Primatological Congress. (pp. 333-334): Karger.

7	Rocha, S., Gaspar, M., Ribeiro, A., Llorente, M. & Feliu, O. (2012). What Constitutes Positive vs. Negative Stimuli for a Chimpanzee and How Do We Find It Out in the Field? . In 4th Congress of the European Federation of Primatology. (pp. 333-334):. Karger.
8	Rocha, S., Gaspar, A., Emauz, A., Llorente, M. & Feliu, O. (2011). What Constitutes Positive vs. Negative Stimuli for a Chimpanzee and How Do We Find It Out in the Field?. In 4th Congress of the European Federation for Primatology 3rd Iberian Primatological Congress. (pp. 379-380).
9	Gaspar, A. & Esteves, F. (2011). EMPATHIC CROSS-PATHS: SCR AND EMG RESPONSES TO EMOTION IN APE AND HUMAN FACES: DOES SPECIES MATTER?. In 51st Annual Meeting of the Society-of-Psychophysiological-Research. (pp. 0-0). Boston, USA: Wiley-Blackwell. - Times Cited Web of Science®: 1

- Talk

1	Raminhos, Cátia, Cláudio, A. P., Carmo, M. B., Carvalhosa, S., Candeias, M. & Gaspar, A. (2015). A serious game to prevent bullying and promote empathy. 10th Iberian Conference on Information Systems and Technologies, CISTI 2015. 623-628
2	Teixeira, R.D., Cláudio, AP, Carmo, MB & Gaspar, A. (2014). Personagens virtuais expressivas. Conciliando custo e qualidade no tratamento da ansiedade social. INFOFORUM 2014 Conference, Universidade do Porto, September 4-5 2014.
3	Cláudio, AP, Gaspar, A., Lopes, E & Carmo, MB (2014). Virtual Characters with Affective Facial Behavior. proceeding of: GRAPP 2014- International Conference on Computer Graphics Theory and Applications,.
4	Teixeira, R.D., Cláudio, AP, Carmo, M. B. & Gaspar, A. (2014). Personagens Virtuais Expressivas. Actas do Encontro Português de Computação Gráfica, EPCG 2014. 11-18
5	Gomes, I.L., Cláudio, AP, Gaspar, A. & Carmo, M. B. (2014). IN2TUNNEL – Terapia de Exposição para Fobia de Atravessar Túneis. Actas do Encontro Português de Computação Gráfica, EPCG 2014.
6	Gaspar, A., Esteves, F. & Ribeiro, A. (2014). Us humans, them dogs and the others: assessing affective empathy towards humans and other animals from facial expression, using facial EMG. SEPNECA –SEPEX (Sociedad Española de Psicofisiología y Neurociencia Cognitiva y Afectiva and Sociedad Española de Psicología Experimental) joint meeting Murcia 1-4 October, 2014.
7	Gaspar, A. (2014). Neurobiologia e Psicologia da Empatia. Coloquio «Ano Europeu do Cérebro», Novembro 13-14, Universidade Católica Portuguesa.
8	Gaspar, A. (2014). Invited talk at the , «The expressway to emotion – can we find it? The Story Told by Human and Great Ape Faces». Workshop: Behavior, Cognition and Evolution, Faculty of Sciences, University of Lisbon, June 2th, .
9	Lpes, E., Cláudio, AP, Carmo, MB & Gaspar, A. (2013). Personagens Virtuais na Terapia de Exposição. Proceeding of: Interação 2013, Vila Real, Portugal.
10	Gaspar, A., Esteves, F., Ribeiro, A & Rocha, S (2013). Empatia Emocional em Adolescentes e Adultos – as novidades de percurso. I Encontro crescer com empatia.

11	Rocha, S, Gaspar, A. & Esteves, F. (2013). Assessment of Factors Affecting Children's Perception of Animal Emotions at the Zoo – a preliminary report . Proceedings 13th European Congress of Psychology (ECP 2013), Stockholm, Sweden.
12	Henriques, M.A. & Gaspar, A. (2013). Ajudar ou não-ajudar. O efeito da vinculação e empatia no comportamento prosocial. Atas do VIII Simpósio Nacional de Investigação em Psicologia. Aveiro, Portugal.
13	Ribeiro, A, Gaspar, A. & Esteves, F. (2013). Respostas electromiográficas às expressões faciais de humanos, chimpanzés e cães. Atas do VIII Simpósio Nacional de Investigação em Psicologia. Aveiro, Portugal.
14	Barata, F. & Gaspar, A. (2013). Vinculação e comportamento facial em crianças. Atas do VIII Simpósio Nacional de Investigação em Psicologia. Aveiro, Portugal.
15	Rocha, S, Gaspar, A. & Esteves, F. (2013). Fatores que afetam a forma como as crianças vêm as emoções dos animais no jardim zoológico. Actas do Congresso Internacional de Psicologia: Novos desafios, Novas Competências.
16	Ribeiro, A, Gaspar, A., Esteves, F. & Rocha, S (2013). Empathy towards humans and other animals: not all non-humans fare the same. proceeding of: The 13th European Congress of Psychology, At Stockholm, Sweden.
17	Esteves, F., Gaspar, A., Rocha, S. & Ribeiro, A. (2012). Skin conductance vs appraisal of dynamic emotional stimuli. 8th Congress of the Spanish Society for Psychophysiology and Cognitive and Affective Neuroscience (SEPNECA).
18	Gaspar, A. (2012). Archetypes, prototypes and variation in facial expression: lessons learned from actually measuring facial behavior. International Colloquium From grooming to Speaking.
19	Ribeiro, A., Gaspar, M., Esteves, F. & Rocha, S. (2012). Do humans read emotions in animal facial expressions?. International Conference Minding Animals.
20	Gaspar, A., Arriaga, P. & Adrião, J. G. (2012). Workshop on Facial Electromyography. Workshop on Facial EMG - PEC workshop series.
21	Esteves, F., Gaspar, M., Ribeiro, A. & Rocha, S. (2012). "Skin conductance vs appraisal of dynamic emotional stimuli.". 8th Congress of the Spanish Society for Psychophysiology and Cognitive and Affective Neuroscience (SEPNECA).
22	Arriaga, P., Esteves, F., Esteves, F., Adrião, J. G., Madeira, A., Madeira, A....Gaspar, A. (2012). Is it just a game? Emotional and Behavioural outcomes of gaming with violence. Inequality and Violence Workshop 2012: Development, Perpetuation and Change.
23	Ribeiro, A., Gaspar, M., Esteves, F. & Rocha, S. (2012). Can humans read emotions in animal facial expressions? . 9º Congresso Nacional de Etologia.
24	Rocha, S., Gaspar, M. & Esteves, F. (2012). Do You know what I'm feeling? Children's Perception of Animal Emotions. 9º Congresso Nacional de Etologia.
25	Barata, F. & Gaspar, M. (2012). Facial behavior and attachment styles in toddlers? - is there a relation? . IVth European Conference on Facial Expression.
26	Gaspar, M. & Esteves, F. (2012). The naturalistic approach revisited as a means to adress the pending question of what does spontaneous facial expression look like in everyday life. IVth European Conference on Facial Expression.

27	Esteves, F. & Gaspar, M. (2012). How adolescents and adults interpret and react to dynamic pictures of facial expression? On the attunement and unattunement of different measures in the study of emotional empathy. IVth European Conference on Facial Expression.
28	Gaspar, M. (2012). A busca do comportamento facial espontâneo e do seu significado. Conferência convidada no ISPA - Instituto Superior de Psicologia Aplicada.
29	Gaspar, A. (2011). Empathic Cross-Paths: SCR and EMG Responses to Emotion in Ape and Human Faces. Does Species Matter?. Psychophysiology. - Times Cited Web of Science®: 1
30	Gaspar, A. (2011). Empathic Cross-Paths: SCR and EMG Responses to Emotion in Ape and Human Faces. Does Species Matter?. Psychophysiology.
31	Gaspar, A. (2011). Empathic Cross-Paths: SCR and EMG Responses to Emotion in Ape and Human Faces. Does Species Matter?. Psychophysiology.
32	Rocha, S. & Gaspar, A. (2011). What constitutes positive vs negative stimuli for a chimpanzee and how do we find it out in the field? . 4th Congress of the European Federation for Primatology and III Iberian Primatological Conference joint meeting.
33	Gaspar, A. & Esteves, F. (2011). Empathic Cross-paths: SCR and EMG responses to emotion in ape and Human faces. Does Species Matter? . the Society for Psychophysiological Research 51st Annual Meeting .
34	Ribeiro, A., Gaspar, A., Rocha, S., Llorente, M. & Feliu, O. (2011). Chimpanzee facial actions in two Emotional Contexts - emotional induction experiments at the great outdoors of the Mona Foundation. 4th Congress of the European Federation for Primatology and III Iberian Primatological Conference joint meeting.
35	Gaspar, A. (2011). Bem-estar de Primatas: Comportamento e fisiologia (e alguns mistérios). I Congresso de Medicina do Comportamento e Bem-estar animal .

• Other Publications

- Non-peer-reviewed papers

1	Ribeiro, A., Gaspar, A., Esteves, F. & Fonseca, S. (2016). Adaptação da Escala de Empatia com Animais (EEA) para a população portuguesa.
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- Other publications

1	Gaspar, A. & Henriques, M.A. (2018). Driven by shame. New Interdisciplinary Landscapes in Morality and Emotion.
2	Gaspar, A. (2011). Chimpanzee Faces Under the Magnifying Glass: Emerging Methods Reveal Cross-Species Similarities and Individuality. - Times Cited Web of Science®: 13

Research Projects

Project Title	Role in Project	Partners	Period
Interindividual differences in emotional empathy vs the differential "visibility" of emotions, and its social consequences.	Principal Researcher	CIS-Iscte (BEC)	2010 - 2013

Academic Management Positions

Coordenador do 1º Ano (2016 - 2017)
Unit/Area: [0218] Science on Emotions