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Public Profile

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Marta Mello e Sampayo

Contacts

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Research Interests

Organizational behavior

Academic Qualifications

University/Institution	Type	Degree	Period
ISCTE- Instituto Universitário de Lisboa	PhD	Psychology- Organizational Behavior	2017
Universidade Nova de Lisboa - ENSP	M.Sc.	Master in Public Health - Health Organizations Management	2004
Univ. Lusófona de Humanidades e Tecnologias	Licenciate	Clinical Psychology	1999

Teaching Activities

Teaching Year	Sem.	Course Name	Degree(s)	Coord.
2025/2026	2º	Conflict Management	Institutional Degree in Softskills;	No

2025/2026	2º	Critical Thinking	Institutional Degree in Softskills;	No
2025/2026	2º	Stress Management	Institutional Degree in Softskills;	Yes
2025/2026	1º	Conflict Management	Institutional Degree in Softskills;	No
2025/2026	1º	Study Methods and Techniques	Institutional Degree in Softskills;	No
2025/2026	1º	Critical Thinking	Institutional Degree in Softskills;	No
2025/2026	1º	Stress Management	Institutional Degree in Softskills;	Yes
2024/2025	2º	Critical Thinking	Institutional Degree in Softskills;	No
2024/2025	2º	Stress Management	Institutional Degree in Softskills;	Yes
2024/2025	2º	Introduction to Design Thinking	Institutional Degree in Softskills;	No
2024/2025	1º	Conflict Management	Institutional Degree in Softskills;	No
2024/2025	1º	Study Methods and Techniques	Institutional Degree in Softskills;	No
2024/2025	1º	Critical Thinking	Institutional Degree in Softskills;	No
2024/2025	1º	Stress Management	Institutional Degree in Softskills;	Yes
2023/2024	2º	Conflict Management	Institutional Degree in Softskills;	No
2023/2024	2º	Technical Report Writing		No
2023/2024	2º	Stress Management	Institutional Degree in Softskills;	Yes
2023/2024	1º	Conflict Management	Institutional Degree in Softskills;	No
2023/2024	1º	Teamwork		Yes
2023/2024	1º	Stress Management	Institutional Degree in Softskills;	Yes
2022/2023	2º	Conflict Management	Institutional Degree in Softskills;	No
2022/2023	2º	Stress Management	Institutional Degree in Softskills;	Yes
2022/2023	1º	Conflict Management	Institutional Degree in Softskills;	No
2022/2023	1º	Critical Thinking		No
2022/2023	1º	Teamwork		Yes
2022/2023	1º	Stress Management	Institutional Degree in Softskills;	Yes
2021/2022	2º	Conflict Management	Institutional Degree in Softskills;	No

2021/2022	2º	Teamwork		Yes
2021/2022	2º	Stress Management	Institutional Degree in Softskills;	Yes
2021/2022	1º	Conflict Management	Institutional Degree in Softskills;	No
2021/2022	1º	Teamwork		Yes
2021/2022	1º	Stress Management	Institutional Degree in Softskills;	Yes
2020/2021	2º	Conflict Management	Institutional Degree in Softskills;	No
2020/2021	2º	Professional Presentations		No
2020/2021	2º	Professional Presentations		No
2020/2021	1º	Conflict Management	Institutional Degree in Softskills;	No
2020/2021	1º	Teamwork		Yes
2020/2021	1º	Stress Management	Institutional Degree in Softskills;	Yes
2019/2020	2º	Conflict Management	Institutional Degree in Softskills;	No
2019/2020	2º	Teamwork		Yes
2019/2020	2º	Technical Report Writing		No
2019/2020	2º	Professional Presentations		No
2019/2020	2º	Stress Management	Institutional Degree in Softskills;	Yes
2019/2020	1º	Conflict Management	Institutional Degree in Softskills;	No
2019/2020	1º	Teamwork		Yes
2019/2020	1º	Stress Management	Institutional Degree in Softskills;	Yes

Supervisions

• M.Sc. Dissertations

- Concluded

	Student Name	Title/Topic	Language	Institution	Concluding Year
1	Maria Inês Gouveia Grade Duarte	Affective commitment: The role of communication transparency, ethical leadership and work engagement	Portuguese	Iscte	2022

2	Catarina Martins Quintino	The new ways of working and the individual performance: the mediator role of work engagement	Portuguese	Iscte	2021
3	Catarina Madureira Pires	The influence of the color of the labels on the packaging of wine brands	Portuguese	Iscte	2021
4	Inês Couto de Sousa Tavares da Silva	Negative effects and limitations of gamification between 2005 and 2020: a systematic literature review	Portuguese	Iscte	2020
5	Simão de Serpa Zanatti Zuzarte Saraiva	Easy Tax: A solution for fiscal iliteracy of portuguese young people	Portuguese	Iscte	2020
6	João Pedro Ribeiro Franco	Online Engagement on Esports Streams	English	Iscte	2020

Publications

• Scientific Journals

- Scientific journal paper

1	Sampayo, M. M. & Silva, S. A. (2012). Comunicação organizacional: implicações da comunicação downward e do feedback no engagement. International Business and Economics Review. 3, 232-239 - Times Cited Google Scholar: 5

• Books and Book Chapters

- Book chapter

1	Sampayo, M.M., Carvalho, H. & Silva, S.A. (2022). O papel do work engagement na relação do clima de segurança com comportamento de voz. In Alexandre, J., Ramos, S. & Lopes, D. (Ed.), Psicologia Social e das Organizações: Métodos, estudos e perspetivas. Lisboa: Sílabo.
2	Sampayo, M.M. & Silva, S.A. (2012). O papel da comunicação organizacional no stress e burnout. In C. Guedes Soares, A.P. Teixeira & C. Jacinto (Ed.), Riscos, Segurança e Sustentabilidade. (pp. 951-964).: Salamandra.

• Conferences/Workshops and Talks

- Publication in conference proceedings

1	Belchior-Rocha, H., Sampayo, M., Mauritti, R., Granjo, C. & Rodrigues, M. (2022). Starting over through different learning areas. In Gómez Chova, L., López Martínez, A., & Lees, J. (Ed.), EDULEARN22 Proceedings. (pp. 7743-7748). Palma: IATED Academy.
2	Sampayo, M. M. & Rocha, H. B. (2021). The role of soft skills developing engaged students in times of uncertainty. In Gómez Chova, L., López Martínez, A., and Candel Torres, I. (Ed.), EDULEARN21 Proceedings. (pp. 2851-2857). Online: IATED Academy.

- Talk

1	Sampayo, M.M. & Belchior-Rocha, H. (2021). THE ROLE OF BEHAVIORAL SOFT SKILLS DEVELOPING ENGAGED STUDENTS IN TIMES OF UNCERTAINTY. Edulearn21 - 13th annual International Conference on Education and New Learning Technologies.
2	Sampayo, M.M., Carvalho, H. & Silva, S.A. (2017). Validation of a short version of the Organizational Communication Climate for Portugal and Italy. 14th European Conference on Psychological Assessment.
3	Sampayo, M.M., Silva, S.A. & Carvalho, H. (2015). Propriedades Psicométricas da Adaptação da Escala de Clima de Comunicação de Smidts et al em Portugal. VIII Simpósio sobre Comportamento Organizacional .
4	Sampayo, M.M., Carvalho, H. & Silva, S.A. (2014). Clima de Comunicação Organizacional Preditor do Work Engagement: Papel mediador da Qualidade Feedback Supervisores. X Encontro de Investigação em Psicologia Social e das Organizações.
5	Sampayo, M.M., Carvalho, H. & Silva, S.A. (2014). Confiança e Abertura do Clima de Comunicação como preditores do vigor: papel mediador da qualidade de feedback das chefias. II Congresso Internacional de Psicologia do Trabalho e dads Organizações.
6	Sampayo, M.M. & Silva, S.A. (2013). Communication Climate And Work Engagement: The Role of Psychological Empowerment as Mediator. 6th Seminar on Positive Occupational Health Psychology.
7	Sampayo, M.M. & Silva, S.A. (2013). Communication Climate and Work Engagement: The Relevance of Trust and Openess. 16th European Congress of Work and Organizational Psychology.
8	Sampayo, M.M., Carvalho, H. & Silva, S.A. (2013). Communication Climate and Work Engagement: The relevance of Supervisor Feedback as Mediator. PhD Research Seminars in Organizational Behavior and Human Resources Management.
9	Sampayo, M.M. & Silva, S.A. (2012). O Papel da Comunicação Organizacional no Stress e Burnout. 4º Encontro Nacional de Riscos, Segurança e Fiabilidade.
10	Sampayo, M.M. & Silva, S.A. (2012). Comunicação Organizacional: Implicações do Feedback no Work Engagement. Encontro de Investigação em Psicologia Social.
11	Sampayo, M.M. & Silva, S.A. (2011). Efeitos da comunicação organizacional no work engagement . Encontro de Investigação e Intervenção em Recursos Humanos 2011- Gestão para a cidadania.

• Other Publications

- Report

1	Evaristo, T., Calado, A., Sousa, João Carlos & Sampayo, M.M. (2023). Avaliação de Impacto do Projeto CA Oficina de Empregabilidade-Careers.
2	Evaristo, T., Calado, A., Sousa, João Carlos & Sampayo, M.M. (2023). Avaliação de Impacto do Projeto CA Careers-Oficinas de Empregabilidade.