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Sofia Jacinto

Integrated Researcher

CIS-Iscte - Centre for Psychological Research and Social Intervention

Contacts

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Curriculum

Sofia Jacinto completed her PhD in Social Psychology ("The Clinical Gut: Examining the cognitive processes and neural underpinnings of judgments, feelings of rightness and its impact on information seeking") at ISCTE-Instituto Universitário de Lisboa in 2021. Sofia is currently a researcher at Iscte-IUL, CIS-IUL, under the CEEC funding from FCT, and at the Applied Sciences and Arts Northwestern Switzerland working on the development and implementation of online self-help interventions for emotion regulation. Sofia is also an invited assistant professor at Católica Lisbon School of Business and Economics where she supervises master dissertations on the topics of judgment and decision making in the context of eHealth and well-being. Sofia publishes in international journals and has received 4 awards and/or honors, including a PhD scholarship from FCT, a research grant from Bial Foundation and a CEEC contract from FCT.

Research Interests

Clinical Judgment and Decision Making

Social stigma

Clinical Psychology

Empathy

Intuition

Metacognition

Implementation Science

Online Interventions - Mental health

Academic Qualifications

University/Institution	Type	Degree	Period
ISCTE-Instituto Universitario de Lisboa	Training Session	PhD	2021
Universidade de Lisboa - Faculdade de Psicologia	Integrated M.Sc.	Psicologia	2015

Teaching Activities

Teaching Year	Sem.	Course Name	Degree(s)	Coord
2025/2026	1º	Research Seminar in Psychology - Advanced Issues	Doctorate Degree (PhD) in Psychology;	No

Supervisions

• M.Sc. Dissertations

- Ongoing

	Student Name	Title/Topic	Language	Status	Institution
1	Maria Luiza Alves Bebiano da Silva	A Linguagem do Afeto como Ferramenta de Cuidado: o papel da distância percebida na percepção de genuinidade e empatia em contexto de estigma social	--	Developing	Iscte
2	Sara Alexandra Barres Correia	Mental eHealth: The Role of Psychological Distance and feedback attribution on self-efficacy and help-seeking intentions	--	Developing	Iscte

- Concluded

	Student Name	Title/Topic	Language	Institution	Concluding Year
1	Thais Aparício de Carvalho	Meditation and representations of self-efficacy for self and hetero care.	Portuguese	Iscte	2025

Total Citations

Web of Science®	65
Scopus	52

Publications

• Scientific Journals

- Scientific journal paper

1	Brodbeck, J., Jacinto, S., Stallmann, L., Vetsch, N., Marmet, S. & Neufeld, S. A. (2025). Perseverative thinking, threat interpretation bias, and emotional reactivity as mediators between adverse childhood experience domains and psychopathology: A longitudinal mediation study in a cohort of Swiss emerging adults. <i>International Journal of Clinical and Health Psychology</i> . 25 (4)
2	Braga, J. & Jacinto, S. (2024). May the intentional candidate win: The effect of global performance information on intentionality attributions and managerial hot-hand predictions. <i>Journal of Behavioral Decision Making</i> . 37 (2)
3	Brandl, L., Jansen-Kosterink, S., Brodbeck, J., Jacinto, S., Mooser, B. & Heylen, D. (2024). Moving toward meaningful evaluations of monitoring in e-mental health based on the case of a web-based grief service for older mourners: Mixed methods study. <i>JMIR Formative Research</i> . 8 - Times Cited Web of Science®: 1 - Times Cited Scopus: 1 - Times Cited Google Scholar: 1
4	Braga, J. & Jacinto, S. (2024). Not all hands get hot: Success rates and hot-hand predictions. <i>Asian Journal of Social Psychology</i> . 27 (3), 391-407 - Times Cited Web of Science®: 1 - Times Cited Scopus: 1 - Times Cited Google Scholar: 1
5	van Velsen, L., Schokking, L., Siderakis, E., Knospe, G.-M., Brandl, L., Mooser, B....Brodbeck, J. (2024). Development of an online service for coping with spousal loss by means of human-centered and stakeholder-inclusive design: The case of LEAVES. <i>Death Studies</i> . 48 (2), 187-196 - Times Cited Web of Science®: 2 - Times Cited Scopus: 2 - Times Cited Google Scholar: 3
6	Brandl, L., van Velsen, L., Brodbeck, J., Jacinto, S., Hofs, D. & Heylen, D. (2023). Developing an eMental health monitoring module for older mourners using fuzzy cognitive maps. <i>Digital Health</i> . 9 - Times Cited Web of Science®: 4 - Times Cited Scopus: 4 - Times Cited Google Scholar: 7
7	Madörin, S. & Jacinto, S. (2023). Achieving gender equality through paid and unpaid Work: An exploration of mothers' perspectives on work. <i>Social Sciences</i> . 12 (4) - Times Cited Web of Science®: 6 - Times Cited Scopus: 6 - Times Cited Google Scholar: 10

8	Braga, J. N. & Jacinto, S. (2022). Effortless online shopping? How online shopping contexts prime heuristic processing. <i>Journal of Consumer Behaviour</i> . 21 (4), 743-755 - Times Cited Web of Science®: 19 - Times Cited Scopus: 16 - Times Cited Google Scholar: 35
9	Brodbeck, J., Jacinto, S., Gouveia, A., Mendonça, N., Madörin, S., Brandl, L....van Velsen, L. (2022). A web-based self-help intervention for coping with the loss of a partner: Protocol for randomized controlled trials in 3 countries. <i>JMIR Research Protocols</i> . 11 (11) - Times Cited Web of Science®: 7 - Times Cited Scopus: 7 - Times Cited Google Scholar: 12
10	Jacinto, S., Braga, J. N., Ferreira, M. S., Collins, E. C., Krendl, A. C. & Lewis, C. C. (2021). Psychological disorder diagnosis is no cure for trait inferences bias. <i>Journal of Applied Social Psychology</i> . 51 (11), 1061-1072 - Times Cited Web of Science®: 2 - Times Cited Scopus: 1 - Times Cited Google Scholar: 3
11	Orghian, D., Almeida, F., Jacinto, S., Gracia-Marques, L. & Santos, A. S. (2019). How your power affects my impression of you. <i>Personality and Social Psychology Bulletin</i> . 45 (4), 495-509 - Times Cited Web of Science®: 2 - Times Cited Scopus: 2 - Times Cited Google Scholar: 5
12	Jacinto, S. B., Lewis, C. C., Braga, J. N. & Scott, K. (2018). A conceptual model for generating and validating in-session clinical judgments. <i>Psychotherapy Research</i> . 28 (1), 91-105 - Times Cited Web of Science®: 6 - Times Cited Scopus: 2 - Times Cited Google Scholar: 11
13	Braga, J. N. , Ferreira, M. B. , Sherman, S. J., Mata, A., Jacinto, S. & Ferreira, M. (2018). What's next? Disentangling availability from representativeness using binary decision tasks. <i>Journal of Experimental Social Psychology</i> . 76, 307-319 - Times Cited Web of Science®: 15 - Times Cited Scopus: 10 - Times Cited Google Scholar: 18

• Conferences/Workshops and Talks

- Talk

1	Jacinto, S. (2018). Symposium - Clinical Gut: Therapists intuitions within psychotherapy session. 49th Society for Psychotherapy Research Annual Meeting.
2	Jacinto, S., Ferreira, M., Braga, J. N. & Collins, E. C. (2018). The impact of task decomposability in hypothesis testing within the psychotherapy session. <i>Clinical Decision Making Workshop</i> .
3	Jacinto, S., Braga, J. N., Ferreira, M., Collins, E. C., Krendl, K. & Lewis, C. C. (2018). Psychological disorder diagnosis: No cure for trait inferences. 49th Society for Psychotherapy Research Annual Meeting.
4	Jacinto, S., Ferreira, M., Collins, E. C., Lewis, C. C. & Krendl, A. (2018). Body over Mind: Mental illness stigma and perceived morality of euthanasia. 49th Society for Psychotherapy Research Annual Meeting.

5	Jacinto, S., Braga, S., Ferreira, M. & Lewis, C. C., (2017). Inferences on psychotherapist's metacognitive confidence and information seeking strategy. 11th European Workshop on Clinical Reasoning and Decision Making - Clinical Decision Making Workshop 2017.
6	Jacinto, S., Ferreira, M., Braga, J., Krendl, A. & Collins, E. C. (2017). Diagnostic Inferences No cure for correspondent inference. 11 th European Workshop on Clinical Reasoning and Decision Making - Clinical Decision Making Workshop 2017.

Research Projects

Project Title	Role in Project	Partners	Period
eHealth for all: When psychological distance increases help seeking and reduces stigma	Global Coordinator	CIS-Iscte (H4A) - Leader	2023 - 2029
When psychological distance increases help seeking and reduces stigma	PI	CIS-Iscte (H4A)	2023 - 2029
Facing adverse childhood experiences using new technologies	Researcher	CIS-Iscte (H4A)	2023 - 2025
The Clinical Gut	Principal Researcher	CIS-Iscte (PsyChange)	2017 - 2018

Awards

Best Poster Award - PhD Meeting ISCTE-IUL (2016)
Research Grant, by Bial Foundation (2015)