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Vanessa Russo



Research Interests

Educational Psychology

Early childhood education and care

Quality in early childhood education and care

Playgroups

Academic Qualifications

University/Institution	Type	Degree	Period
Go 4 Clinic	Technical Specialization Course	Terapia EMDR Nível 1	2023
ISCTE-Instituto Universitario de Lisboa	PhD	Psicologia	2023
Association for Research in Infant and Child Development	Technical Specialization Course	Griffiths III - Conversion Course for Registered Griffiths Users	2018
Utrecht University	Technical Specialization Course	inCLASS pre K(Individualized Classroom Assesment Scoring System)	2017

Association for Research in Infant and Child Development	Technical Specialization Course	Griffiths Development Scales	2017
Faculdade de Psicologia da Universidade do Porto	Technical Specialization Course	inCLASS Toddler (Individualized Classroom Assessment Scoring System)	2016
Universidade de Lisboa - Faculdade de Psicologia	Integrated M.Sc.	Psicologia	2011

External Professional Activities

Period	Employer	Country	Description
Since 2022	Junta de Freguesia de São Domingos de Benfica	Portugal	Psychological therapy for children and young people. Participation in social and community action projects

Supervisions

• M.Sc. Traineeship Reports

- Ongoing

	Student Name	Title/Topic	Language	Status	Institution
1	Ana Beatriz Aveiro Faria	Curricular Internship	Portuguese	Developing	Junta de Freguesia de São Domingos de Benfica

Total Citations

Web of Science®	75
Scopus	63

Publications

• Scientific Journals

- Scientific journal paper

1	Barata, C., Catarina Leitão, Alexandre, J., Russo, V. & Sousa, B. (2026). Playgroups for inclusion: impacts of a playgroups intervention on child development, caregiving and connectedness goals using an experimental design. <i>European Journal of Psychology of Education</i> .
2	Russo, V., Barata, C., Alexandre, J., Leitão, C. & Sousa, B. (2022). Development and validation of a measure of quality in playgroups: Playgroups environment rating scale. <i>Frontiers in Education</i> . 7 - Times Cited Web of Science®: 2 - Times Cited Scopus: 1 - Times Cited Google Scholar: 4

3	Russo, V., Pereira, A. I. & Barros, L. (2016). Atribuições parentais em relação à ansiedade dos filhos: estudo exploratório com pais de crianças ansiosas. <i>Revista portuguesa de psicologia</i> . 45, 3-19
4	Pereira, A. I., Muris, P., Barros, L., Goes, R., Marques, T. & Russo, V. (2015). Agreement and discrepancy between mother and child in the evaluation of children's anxiety symptoms and anxiety life interference. <i>European Child and Adolescent Psychiatry</i> . 24 (3), 327-337 - Times Cited Web of Science®: 40 - Times Cited Scopus: 33 - Times Cited Google Scholar: 55
5	Marques, T., Pereira, A. I., Pedro, M., Russo, V., Goes, A. R. & Barros, L. (2015). Preliminary analysis of the Portuguese version of the child anxiety life interference scale. <i>Revista Psicologia: Reflexão e Crítica</i> . 28 (3), 454-462 - Times Cited Web of Science®: 15 - Times Cited Scopus: 15 - Times Cited Google Scholar: 19
6	Pereira, A. I., Marques, T., Russo, V., Barros, L. & Barrett, P. (2014). Effectiveness of the friends for life program in portuguese schools: study with a sample of highly anxious children. <i>Psychology in the Schools</i> . 51 (6), 647-657 - Times Cited Web of Science®: 18 - Times Cited Scopus: 14 - Times Cited Google Scholar: 31

• Books and Book Chapters

- Book chapter

1	Alexandre, J., Russo, V., Castro, C., Fazenda, D. & Clara Barata (2021). The powerful combination of group interviews and drawings: How to give children a voice in the understanding of well-being. In Tobia Fattore Susann Fegter Christine Hunner-Kreisel (Ed.), <i>Children's Concepts of Well-being: Challenges in International Comparative Qualitative Research.</i> : Springer. - Times Cited Google Scholar: 8
2	Passos, A. M. & Russo, V. (2015). Employee Representatives in Portugal. How are they Perceived and what are the Expectations by Employers?. In Martim Euwema, Lourdes Munduate, Patricia Elgoibar, E. Pender, Ana Belén García (Ed.), <i>Promoting Social Dialogue in European Organizations</i> . (pp. 135-145). Londres: Springer. - Times Cited Google Scholar: 1

• Conferences/Workshops and Talks

- Publication in conference proceedings

1	Russo, V., Pereira, A. I., Marques, T & Luisa Barros (2011). Avaliação de perturbações de ansiedade com o recurso a uma entrevista diagnóstica: a versão portuguesa para pais da ADIS-C (Anxiety Disorder Schedule for Children). In A. S. Ferreira, A. Verhaeghe, D. R., Silva, L. S. Almeida, R. Lima, & S. Fraga (Ed.), <i>VIII Congresso Iberoamericano de Avaliação/Evaluación Psicológica. XV Conferência de Avaliação Psicológica: Formas e Contextos</i> . (pp. 1532-1546). Lisboa: Sociedade Portuguesa de Psicologia.
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- Talk

1	Castro, C., Alexandre, J., Russo, V. & Clara Barata (2019). Depois do projeto-piloto: Análise compreensiva da implementação dos novos "Grupos Aprender, Brincar, Crescer". X Simpósio Nacional de Investigação em Psicologia.
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2	Alexandre, J. & Russo, V. (2018). Benefícios dos Grupos Aprender, Brincar, Crescer para as Famílias. Conferência de lançamento dos Grupos Aprender, Brincar, Crescer - Seixal.
3	Alexandre, J., Clara Barata, Catarina Leitão, Sousa, B. & Russo, V. (2018). Playgroups for inclusion: Experimental Impacts on the development, temperament and behavior of children from different ethnic groups. EARLI SIG 5 Conference 2018.
4	Russo, V., Barata, C., Alexandre, J., Catarina Leitão & Sousa, B. (2018). Monitoring quality of playgroups in Portugal: A mixed-method approach. 2nd International Conference on Childhood and Adolescence.
5	Alexandre, J., Russo, V., Joana Lobo, Marta Mendes, Clara Barata, Barata, C....Catarina Leitão (2017). Playgroups for inclusion: a new community service e in Portugal? Reflection and challenges . European Community Psychology Association 10th European Congress.
6	Catarina Leitão, Clara Barata, Alexandre, J. & Russo, V. (2017). Playgroups for Inclusion (Grupos Aprender, Brincar, Crescer). Monitorização e Avaliação de um Investimento em Qualidade no Âmbito dos Serviços para a Infância. 1ª Conferência Mais e Melhor Educação Boas práticas, boas ideias, boa educação.
7	Alexandre, J., Russo, V., Barata; M. C. & Leitão C. (2017). Playgroups for Inclusion (Grupos Aprender, Brincar, Crescer): Monitoring and Evaluating an Investment in ECEC quality. Society for Research in Child Development.
8	Russo, V., Barata, C. & Alexandre, J. (2017). Examining longitudinal impacts for families and children participating in playgroups: the role of quality and dosage. XIII PhD Meeting in Social and Organizational Psychology.
9	Clara Barata, Catarina Leitão, Santos, N., Guedes, M., Alexandre, J. & Russo, V. (2017). Socialization Goals for Children in an Ethnically Diverse Sample of Caregivers, their Association with Child Development, and Impact of a Playgroups Intervention. Society for Research in Child Development.
10	Catarina Leitão, Clara Barata, Bruno Sousa, Alexandre, J. & Russo, V. (2016). Playgroups for Inclusion (Grupos Aprender, Brincar, Crescer). Noite Europeia dos Investigadores.
11	Clara Barata, Catarina Leitão, Bruno Sousa, Alexandre, J. & Russo, V. (2016). Playgroups for Inclusion (Grupos Aprender, Brincar, Crescer) – WP2 Monitoring and Evaluation. Social Policy Experimentation – Opportunities and Challenges.
12	Clara Barata, Catarina Leitão, Alexandre, J., Russo, V., Sousa, B. & Joana F. Luis (2016). Testing proxies of socio-economic and developmental risk: Do referrals by local service providers require more attention? . European Association for Research on Learning and Instructions (EARLI) Conference on SIG 5 Learning and Development in Early Childhood.
13	Alexandre, J., Russo, V., Clara Barata, Joana Lobo, Marta Mendes, Catarina Leitão...Bruno Sousa (2016). What's really going on? Caregivers' views and facilitators perceptions of Playgroups in Portugal. European Association for Research on Learning and Instructions (EARLI) Conference on SIG 5 Learning and Development in Early Childhood.
14	Russo, V., Alexandre, J., Clara Barata, Sousa, B., Catarina Leitão & Joana F. Luis (2016). Caregivers' Engagement in Playgroups. II International Congress Students' Engagement in School: Perspectives of Psychology and Education.

15	Russo, V., Alexandre, J., Catarina Leitão, Clara Barata, Sousa, B., Joana Lobo...Marta Mendes (2016). Avaliação da qualidade dos playgroups através de uma escala de observação: relação com percepções e características dos cuidadores e monitores. II Seminário Luso-Brasileiro de Educação de Infância – Investigação, Formação Docente e Cultura da Infância.
16	Alexandre, J., Clara Barata, Sousa, B., Russo, V. & Catarina Leitão (2016). Playgroups for Inclusion Project (Grupos Aprender, Brincar, Crescer): Monitoring and Evaluating an Investment in ECEC quality. Seminário do Transatlantic Forum on Inclusive Early Years Project. Investing in the development of young children from migrant and low-income families.
17	Goes, A., Pereira, A. I., Marques, T, Russo, V. & Luisa Barros (2014). Desenvolvimento socio-cognitivo em crianças com perturbação de ansiedade: Fator de risco ou de proteção?. 3.º Seminário de Intervenção Psicológica com crianças e Adolescentes.
18	Pereira, A. I., Goes, A., Marques, T, Russo, V. & Luisa Barros (2013). Challenges in the evaluation of anxiety problems in school aged children: informant discrepancies and agreement. 12th European Conference on Psychology assessment.
19	Marques, T, Pereira, A. I., Russo, V., Goes, A. & Luisa Barros (2013). Understanding childhood anxiety disorders: Preliminary Examination of the Portuguese version of the Children Anxiety Interference Scale – Parent and Child versions. 43rd annual congress - European Association for Behavioural and Cognitive Therapies.
20	Pereira, A. I., Marques, T, Russo, V. & Luisa Barros (2012). Estudos de efectividade da versão portuguesa do programa Amigos para a Vida. II Seminário De Investigação Em Psicologia.
21	Pereira, A. I., Goes, A., Luisa Barros, Custódio, M., Marques, T, Beato, A...Pedro, M. (2012). Consulta de Psicologia Pediátrica do Serviço à Comunidade da Faculdade de Psicologia da Universidade de Lisboa. Primeiro Congresso Nacional da Ordem dos Psicólogos Portugueses.
22	Russo, V., Pereira, A. I. & Luisa Barros (2012). Atribuições parentais em relação à ansiedade dos filhos: estudo exploratório com pais de crianças ansiosas. II Seminário de Investigação em Psicologia.
23	Russo, V., Marques, T, Pereira, A. I. & Luisa Barros (2011). Avaliação de perturbações de ansiedade com o recurso a uma entrevista diagnóstica: a versão portuguesa para pais da ADIS-C (Anxiety Disorder Schedule for Children). VIII Congresso Iberoamericano de Avaliação/Evaluación Psicológica. XV Conferência de Avaliação Psicológica: Formas e Contextos.
24	Russo, V., Pereira, A. I. & Luisa Barros (2011). Estratégias parentais para lidar com a ansiedade dos filhos: estudo qualitativo com crianças em idade escolar com diagnóstico de ansiedade. 1.º Seminário de Intervenção Psicológica com crianças e Adolescentes.

• Other Publications

- Report

1	Alexandre, J., Russo, V., Clara Barata, Catarina Leitão & Bruno Sousa (2017). Playgroups for Inclusion Workpackage 2: Monitoring and Evaluation Report.
2	Clara Barata, Alexandre, J., Sousa, B., Catarina Leitão & Russo, V. (2017). Playgroups for Inclusion: Experimental Evaluation and Study of Implementation, Final Report.

3	Clara Barata, Catarina Leitão, Sousa, B., Alexandre, J. & Russo, V. (2016). Playgroups for Inclusion Workpackage 2: Monitoring and Evaluation Intermediate Report.
4	Pereira, A. I., Marques, T, Russo, V., Neves, M., Beato, A., Pedro, M....Luisa Barros (2011). PROGRAMA "AMIGOS PARA A VIDA" - Estudos de efectividade.

Research Projects

Project Title	Role in Project	Partners	Period
Social Policy experimentations supporting social investments	MSc Scholar	CIS-Iscte (CED), DGE - Leader (Portugal), Gulbenkian - (Portugal), FBB - (Portugal), UC - (Portugal)	2015 - 2017

Professional Associations

EMDR Association of Portugal (Since 2023)
Portuguese Psychologists Association (Since 2013)